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Dear Parent/Carer

Year 10 PSHCE Autumn Term Update

I would like to inform you of the subjects your child will be learning in the Autumn Term in their PSHCE lessons. PSHCE composes of three themes, in line with our Academy values, which are taught twice a year and are delivered under the topic names of:

1. **Respectful Relationships:** Topic 1 - Exploring Relationships; Topic 2 – Safe Relationships
2. **Taking Responsibility:** Topic 1 - British Life; Topic 2 - Future Life
3. **Building Resilience:** Topic 1 - Healthy Body; Topic 2 - Healthy Mind

In the first half term, Year 10 will be completing Exploring Relationships. These lessons will include:

- Types of relationships
- Relationship break ups
- Domestic violence
- Forced marriage
- Social media and self esteem

In the second half term, Year 10 will be moving onto British life, during which students will learn about:

- British values and the justice system
- Civil and criminal law and cyber crime
- Community cohesion and multiculturalism
- Globalisation
- Racism and right wing extremism

By sharing these subjects with you I hope you can engage with your child about these topics and support their learning. If you need any advice or information regarding their topics, please contact me by email jreynolds@looe.net

To help you support your child's learning, Looe Community Academy are excited to offer you access to their Community Online Membership. Your membership gives you access to over 100 courses which will help you as a Parent or Carer support your child with any social, emotional or mental health concerns and many

teenage issues. Each course is made up of a series of bite-sized videos. You can watch them all in one go, or spread them out, whatever suits you best. For every completed course you can download a certificate to mark your progress. If you would like further help or guidance, please contact Mrs Jackman.

Why not get started now? Click on the following link to set up your password:
<https://www.creativeeducation.co.uk/add-yourself-to-your-school-or-colleges-membership/?ca=8f756ac0ec16744ac4451af6b982acf2>

Yours faithfully

J Reynolds

Jenna Reynolds
PSHCE and Careers Leader of Learning