



Challenge Week

2019

Monday 15 July to Friday 19 July 2019





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Email: enquiries@looe.cornwall.sch.uk
Headteacher: Mr Scott Yalden BSc (Hons)

8 March 2019

Dear Parent/Carer

At Looe Community Academy, we are extremely pleased to be able to offer students in Years 7, 8 and 9 the opportunity to take part in Challenge Week 2019. It promises to be a fun packed week that celebrates our supportive ethos and enables students to develop their personal learning and thinking skills. This year's theme is "together everyone achieves more" and we have provided the opportunity for students to experience a range of activities that may not be readily available to them during their usual timetabled lessons.

Students may have already chosen one of the fantastic residential experiences on offer, although some places still remain for the Isles of Scilly Adventure. Alternatively, they can enjoy the home programme where they can opt for one of our 'challenge packages' that cater for a wide range of interests and budgets.

Every effort will be made to ensure that your child is able to take part in one of their two preferred package choices, however, in the event of over-subscription we may have to offer an alternative activity package. As your son/daughter will be selecting one package for the duration of challenge week, he/she should carefully consider the activities on offer and liaise with friends before signing up and paying a deposit.

For non-residential activity, in accordance with current regulations, participation in those Challenge Week options that carry an additional cost is by voluntary contribution.

For residential activity, in accordance with current regulations, the full costs of board and lodgings will need to be paid. For students whose parents/carers are in receipt of certain benefits, board and lodgings may be remitted on production of suitable evidence. Other costs for residential visits will be by voluntary contribution.

Full details can be found in our Charging and Remissions policy, which is available on our website, but clearly if insufficient funds are raised through voluntary contribution, activities will not be able to take place.

Deposits and top-up payments can be paid via ParentPay (preferred), or by cash or cheque to Student Services (payable to 'SMART Looe Community Academy'). Further details about ParentPay have been sent previously and, if required, we can resend account login details for those that have not yet activated their account.

Please return your completed selection form, consent form and deposit (where applicable), to Student Services by Friday 22 March.

Yours faithfully

Emma Hallworth
Challenge Week Coordinator

Residential Trip

**IOS 2019 - Isles of Scilly Residential Adventure -
Challenge Week
Saturday 13 July — Friday 19 July**



This will be an exciting and challenging opportunity for you to take part in a residential camping adventure on the Isles of Scilly. You travel to the Isles of Scilly on the Scillonian ferry, camp on the Cornwall Outdoors dedicated schools' camp site at Pelistry Farm on St Mary's and take part in a range of exciting and challenging activities:

Coasteering – on St Mary's with Kernow Coasteering (Life on the Edge)
Swimming with seals – from St Martin's with Scilly Seal Snorkelling
Fast rib ride- from Tresco with Island Sea Safaris
Bear Grylls adventure – on Samson
Swimming on idyllic deserted beaches – St Mary's and Samson
Ferry rides between islands – with Island Carriers
Camping out under the stars – on St Mary's

The cost of the adventure is £390, which includes all activities, accommodation, food and transport. The adventure will begin with the coach leaving the Academy early on the morning of Saturday 13 July and finish with the coach returning to the Academy late in the evening on Friday 19 July.

If you would like to take part in this exciting opportunity, please complete the attached return slip, along with a deposit of £50.

Cost: £390

Year Group: 7

Available places: 30 (places still available)

Deposit required: £50

Trip Leader: Mr Gilbert



Residential Trip

Ardèche Adventure

Friday 12 July – Saturday 20 July

The stunning location known as The Grand Canyon of Europe is in the Ardèche region in the South of France. The Ardèche River and surrounding area is the perfect location for an introduction to adventurous activities.

Averaging 300 days of sunshine a year, the Mediterranean climate provides the perfect environment to experience a whole range of activities from kayaking to canyoning and caving to high ropes.

With the highlight of the trip consisting of a two day descent down the gorge, shooting rapids and camping out under the stars at a midpoint bivouac site. This truly is an 'Adventure of a Lifetime'.

Cost: £699

Year Group: 8 & 9

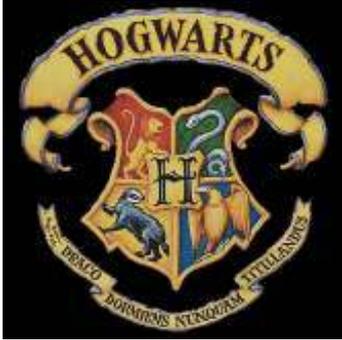
Places: 40 (currently full)

Deposit required: £50

Lead Teacher: Miss Oldham



Package 1 one night residential



Spend the week at **Hogwarts**

Are you POTTER POTTY? Come join us on a fun filled week perfect for any wizarding world fan!

At the beginning of the week, you will be 'sorted' by the sorting hat into one of the famous Hogwarts houses.

Over the course of the week you will be taking part in a number of the following activities:

- wand making
- cooking a fantastic feast
- designing a Harry Potter t-shirt
- broomstick making and training
- Quidditch

The week will also include an exciting **overnight trip (Wednesday 17—Thursday 18 July)** to the beautiful Lacock Abbey and Village and the brilliant Warner Brother Studios.

This will mean leaving school on Wednesday morning and travelling to Wiltshire for lunch and an afternoon guided tour around Lacock Abbey and Village, where a number of scenes, from the Harry Potter films, were shot on location. We will arrive in Hertfordshire in time for supper and an early night - ready for our visit to Warner Brother Studios the next day! After an exciting day at the studios, we will return to school on Thursday evening.

COST: £120 for Monday—Friday
Places: 19 (full)

Lead teacher: Mrs Kevern
Deposit: £30

Package 2

Back to Nature

Relax and get closer to nature as you explore our beautiful local area

- * Spend a day at Paignton Zoo, spread over 80 acres with over 2000 animals to see. Explore the botanical gardens or the Clennon Gorge Nature Reserve all located within the zoo
- * Create a sensory garden around the Integrated Health Centre.
- * Enjoy a day on the beach including a beach clean, rock pooling and sand sculpture
- * Explore Cardinham Woods; nature trail, BBQ, Smite, team building games and plant identification
- * Find your way around Mount Edgcombe looking for orienteering points and learn about bush craft at Forest School

COST: £40 for Monday—Friday
Available places: 30

Lead teacher: Mrs Woodman
Deposit: £10



Package 3

Wet and Wild

Every day will involve getting wet or being a bit wild! You may be trying a watery wipe out inflatable course, learning to use a stand up paddle board (SUP), kayaking, sailing a dinghy, rock climbing, abseiling or visiting a water theme park. This will be an active challenge week and a great one to try!

Day 1. Retallack Aqua Park, near Padstow. Jump, splash, bounce, climb and slide on the huge 'Total Wipe out' style floating inflatable Aqua Park and Flow ride the waves! Great fun and very wet! Expect to fall in the water many times!

Days 2, 3 and 4. Mountbatten Water Sports and Activities Centre, Plymouth Three days of getting wet and falling in the water or facing challenges, trying SUPS, sailing dinghies, kayaking, climbing and abseiling with fully experienced instructors for the centre. See your teachers trying to do the activities too!

Day 5. Quay West Splashdown. We end the week with a long day at the UK's largest outdoor water park where you can face the sheer speed of The Screamer and ride the Wild Kamikaze, but are you BRAVE enough to face the Devil's Drop? You could tumble on tyres and twist through the tubes and try the 8 adrenaline pumping slides and you WILL get wet! We will be back in school a bit later than usual to make the most of the day (after the school buses) so you will need to make alternative arrangements to get home.

COST: £197 for Monday—Friday

Available places: 24

Lead teacher: Mrs Feldberg

Deposit: £40



Package 4

A Question of Sport

A combination of physically challenging and thought-provoking pursuits that will require you to work as part of a team, strive for individual success, try to outwit your opponents and think strategically.

The week's activities will include:

- table tennis
- football/netball
- board games
- climbing at the Sardine Factory in Looe (£5)
- rounders/handball
- orienteering
- sports movie
- mini-Olympics

COST: £5 for Monday—Friday
Available places: 30

Lead teacher: Mr Diggins
Deposit: £5



Package 5

School but not as you know it

If you prefer to stay closer to home, you could spend the week in school with some familiar faces but try your hand at some different activities: coding, haute cuisine, culture, art and craft and yoga!

- ⇒ Computer coding—use your coding skills to create all sorts of fun things
- ⇒ Crafts and yoga - learn to relax and find your inner calm then tune into your creative side with some craft activities
- ⇒ Languages day—a day of culture and discovery; games, treasure hunts and a taste of France or Spain!
- ⇒ Master chef (2 days) - hone your culinary skills and compete against your friends to become the Looe Master Chef champion

COST: Free

Available places: 40

Lead teacher: Mr Dourass

Deposit: £0



Package 6

A Twisted Tale...

This week is ideal for someone that wants to have a creative experience exploring a range of performing art disciplines: including drama, dance, singing and art.

You will take part in all disciplines and work as a company to create a piece in a week that you will then be performing to a local primary school on the Friday afternoon. As a company you will devise, rehearse and perform, with the support of teachers and visiting artists.

- ⇒ Monday will be focused on the story behind the piece, looking at how it can be presented through drama techniques and text work.
- ⇒ Tuesday, bring your dance kit, as you will be exploring how certain characters can come alive through physical theatre and dance
- ⇒ Wednesday we will head over to the art and technology block to create scenery and props.
- ⇒ Thursday and Friday morning consists of putting the whole piece together ready to perform it to a live audience Friday afternoon.

You will need to bring plenty of energy, creative ideas and eagerness to work as a team.

COST: Free
Available places: 20

Lead teacher: Mrs Day
Deposit: £0





Package 7



Amaze Days!

Join Mr Deacon and his team for an action packed week of fun, thrills and entertainment as we travel and journey around the country to a number of exciting venues!

⇒ **Monday** - Our first day sees us travelling west with a trip to Flambards Theme Park near Helston where we will explore the famous 'Britain in the Blitz' village and enjoy the various theme park rides the venue has to offer.

⇒ **Tuesday**—Heading out of Cornwall, we travel to Wiltshire and the famous Longleat Safari and Adventure Park where we will spend the day visiting the huge variety of wild animals the park has to offer, whilst also stopping off at the famous Longleat stately mansion, great maze and adventure park.

⇒ **Wednesday**—keeps things local, with a trip to Vue cinema in Plymouth to sit back, relax and take in one of the Summer 2019's biggest blockbuster movies, along with a stop off for some fun in the arcade afterwards.

⇒ **Thursday** - Back closer to home today, we head to Devon for a visit to Woodlands Theme Park to explore and enjoy the vast grounds the park has to offer. Try your hand at the park's great rides, explore the animal enclosures and expend some energy in the huge indoor and outdoor play areas.

⇒ **Friday** - Finishing on a high, we travel to Thorpe Park in Surrey for an epic day of adventure. Take on the parks rollercoasters, survive the 'Saw Maze' and 'I'm a Celebrity' challenge zones whilst also taking advantage of everything else the UK's most popular purpose built theme island has to offer.

(Please note some activities will require student drop off/collection outside of normal school hours—further details will be provided).

COST: £160 Monday – Friday Lead teacher: Mr Deacon

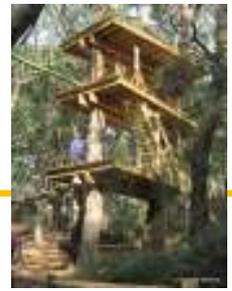
Available places: 40

Deposit: £30





Package 8



Adventure Addicts

Test your nerve and skill and push yourself to the limit throughout this week of outward bound adventure.

⇒ **Monday:** The Cheesewring Tor Challenge

Students will be taught how to navigate a route around Minions on Bodmin Moor, visiting nominated tors. Students **must** wear walking boots, heavy trainers or wellies; appropriate clothing and hats. Equipment required will be: a day rucksack, sunscreen, water bottles, snacks, packed lunches and money for ice-cream van or cheesy chips.

⇒ **Tuesday:** The Camel Trail

For competent cyclists only, following the disused railway line, our students will cycle approximately 6 miles along the Camel Estuary from Wadebridge to Padstow. Once in Padstow, students will have an hour to explore the town, before cycling back to Wadebridge. Bikes and helmets will be provided. Please wear suitable clothing, trainers, bring sunscreen, a water bottle and either a packed lunch or money to buy lunch in Padstow.

⇒ **Wednesday:** Plymouth Karting

Experience the fastest indoor Go-Karts in the south west and enter the darkness of the maze for Laser Tag. Students should wear trousers, trainers and long sleeves. Please bring a water bottle, packed lunch and money should you wish to purchase any snacks.

⇒ **Thursday:** Tamar Trails Tree Surfing combined with nature walk

Challenge yourself to a treetop adventure that will test your limits and stretch your mind. Students will take on the tree surfing challenge combined with a nature walk in the beautiful Tamar Valley. Please wear suitable clothing and trainers; bring sunscreen, a water bottle and a packed lunch.

⇒ **Friday:** Ski Experience at Plymouth Snow Sports Centre

Learn the basics of skiing or show off your skills on the outdoor dry ski slope. Students will have qualified instructors to ensure quality tuition for all levels of skier and enjoy some snow tubing and tobogganing. Students must wear long sleeved tops, trousers and gloves. Please bring a water bottle, packed lunch, sunscreen and money should you wish to purchase food or beverages from the café.

COST: £80 Monday – Friday
Available places: 30

Lead teacher: Mrs Owen
Deposit: £30



Home Programme Packages

Package	Number of Places	Cost	Year Groups
1. Hogwarts	19 (full)	£120	7, 8, 9
2. Back to Nature	30	£40	7, 8, 9
3. Wet and Wild	24	£197	7, 8, 9
4. A Question of Sport	30	£5	7, 8, 9
5. School but not as you know it	40	Free	7, 8, 9
6. A Twisted Tale	20	Free	7, 8, 9
7. Amaze Days	40	£160	7, 8, 9
8. Adventure Addicts	30	£80	7, 8, 9

Residentials

Activity	Number of Places	Cost	Year Groups
Isles of Scilly Adventure	30 (places still available)	£390	7
Ardèche Adventure	40 (full)	£699	8, 9

Important Information

To help us run Challenge Week safely and fairly please be aware of the following:

- **Please return your form by Friday 22 March along with a deposit (where applicable) and your consent form**
- No student will be allocated a package without a Parental Consent Form being signed and returned to the Academy at the same time as the selection form and deposit.
- When you return your Challenge Week Selection Form with your first and second choice packages for the week, it will be numbered. Places will be allocated on a first come, first served basis.
- Have a chat to your friends about the activities on offer. If you wish to do the same package, please submit your selection forms (along with consent form and deposit) at the same time.
- It is important that students select a second choice of package in case of oversubscription or cancellation.
- All of the activities, unless otherwise stated, will take place during the school day and students will be able to catch their normal school transport to and from school. **This is not the case for HOGWARTS and AMAZE DAYS so please bear this in mind when choosing.**
- You will have the opportunity to make changes (where possible) to your choice up until **Friday 5 April 2019**.
- After **Friday 5 April 2019** you will not be able to change your choice of package. After this date, no refunds will be issued.
- Changes to activities can only be authorised by Mrs Hallworth.
- Payment needs to be made in full by **Friday 24 May 2019**. You can pay or see your remaining balance via ParentPay at any time.
- If you require additional copies of the Challenge Week booklet, please go to the school website, www.looe.cornwall.sch.uk
- Should you have any queries or concerns regarding Challenge Week, please do not hesitate to contact Mrs Hallworth on 01503 262625.
- Details of payment plans for residential trips will be notified to those students on the trip. It is also possible to pay or see your balance via ParentPay at any time.

Challenge Week Selection Form

Please complete, detach and return the Challenge Week Selection Form along with deposit (where applicable) and consent form to **Student Services** by **Friday 22 March 2019**

Name _____ Tutor Group _____

First Choice package	Deposit	Total Cost	Office Use

Second Choice package	Deposit	Total Cost	Office Use

Packages will be allocated on a first come, first served basis. As much as possible we will try to accommodate every student's first choice. However, where this is not possible, please provide your second choice option to help allocation in the event of oversubscription or cancellation.

If you wish to do the same package as a friend, please submit your selection forms, deposits and consent forms at the same time to avoid disappointment.

I enclose a deposit of £_____ (cheque/cash)

I have paid a deposit of £_____ via ParentPay

Parent/Carer signature _____ Date _____



Together Everyone Achieves More



Looe Community Academy - Consent Form

1. Data Protection Act. Information collected on this form will only be used for the purpose of the Academy's administration of visits and journeys under the Department for Education guidelines. The data will not be disclosed to any external sources without your written consent, other than in an emergency.

2. Details of trip/visit:

From (date/time):

To (date/time)

3. Name of participant:

Tutor group:.....

4. Address:.....

Telephone number:.....

5. Age:.....

Date of Birth:.....

6. Emergency address (if different from above):

Emergency telephone number (if different from above):

7. Personal Information. Please provide full and relevant details:

a. Has your son/daughter been in contact with any infectious illness in the last 3 weeks? Yes/No
If yes, please provide details

b. Does he/she suffer from allergies, diabetes, migraine, epilepsy, bad period pains, sleepwalking or any other illness or disability? Yes/No
If yes, please provide details

c. Is he/she allergic to anything (e.g. antibiotics, plasters, aspirin or any medicines or any particular food/drink)? Yes/No
If yes, please provide details

d. Is he/she actively sensitive to penicillin? Yes/No
If yes, please provide details

e. Is he/she receiving any medical treatment at present? Yes/No
If yes, please provide details of illness/disability and treatment

f. Date of last anti-tetanus injection:.....

Yes/No

g. Does he/she have any special dietary needs?
If yes, please provide details

h. Can he/she swim 50 metres? Yes/No

i. Name of own doctor:.....
Doctor's address:.....

Doctor's telephone number:.....

8. Insurance. Please note that there is a limited amount of cover for personal accident and loss of personal belongings through School Journey Insurance. Participants are covered by Looe Community Academy Trust's insurance in the event of negligence by one of its employees or agents. Details are available on request.

9. Parental consent:

a. I have read the information provided and agree to my son/daughter taking part in the above activities.

b. I acknowledge the need for him/her to behave responsibly and follow the directions of supervising staff at all times.

c. I understand that the staff responsible for the activities will take all reasonable care of participants.

d. I consent to any emergency treatment necessary. I therefore authorise the party leader(s) to sign, on my behalf, any written form of consent required by the hospital authorities should medical treatment (a surgical operation or injection) be deemed necessary, provided that the delay required to obtain my signature might be considered, in the opinion of the doctor or surgeon concerned, likely to endanger my son/daughter's health or safety.

e. I consent to my son/daughter travelling in a motor vehicle driven by a member of staff or other adult in the event of an emergency and in accordance with Academy guidance.

Name (capitals): Signature:

10. Please return this form, together with any deposit or payment required,

to Student Services by Friday 22 March 2019.

11. A copy of the signed and completed form may be returned to the parent/carer by the Academy upon request.