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7 September 2021

Dear Parent/Carer

### **Year 8 PSHCE Autumn Term Update**

I would like to inform you of the topics your child will be learning in the Autumn Term in their PSHCE lessons.

PSHCE composes of three themes which are taught twice a year and are delivered under the topic names of:

1. **Health and Wellbeing:** Topic 1 - Healthy Body, Healthy Life; Topic 2 - Healthy Mind, Healthy Life
2. **Relationships:** Topic 1 - Life Relationships; Topic 2 - Family and Community Life
3. **Living in the Wider World:** Topic 1 - British Life; Topic 2 - My Future Life

In the first half term, Year 8 will be completing the topic in Life Relationships.

These lessons will include:

- What is consent?
- What is sexting?
- How can we avoid online groomers?
- Anti-social behaviour- why do people do it and what are the consequences?
- Why do teens get involved with knife crime?

In the second half term, Year 8 will be moving onto British Life.

This forms part of their Citizenship and British Values Education. During this topic, students will learn:

- Can you have British values and religious views that aren't Christian?
- Is racism on the increase in western society?
- Who are the extremist groups?
- What is right wing extremism?
- What is radicalisation and how can we prevent it?
- Human Trafficking and Modern Slavery – How are these still happening?

If you would like any further details about these topics, please contact me by email or telephone.

Yours faithfully

*J Reynolds*

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