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Headteacher: Mr S Yalden BSc (Hons) PGCE NPQH

23 September 2024

Dear Parent/Carer

### **Year 10 PSHCE Autumn Term Update**

I would like to inform you of the subjects your child will be learning in the Autumn Term in their PSHCE lessons. PSHCE composes of three themes, in line with our Academy values, which are taught twice a year and are delivered under the topic names of:

1. **Respectful Relationships:** Topic 1 – Relationships and Sex Education; Topic 2 – Celebrating Diversity and Equality
2. **Taking Responsibility:** Topic 1 – Life Beyond School; Topic 2 – Rights, Responsibilities and British Values
3. **Building Resilience:** Topic 1 – Health and Wellbeing; Topic 2 – Staying Safe Online and Offline

In the first half term, Year 10 will be completing life Beyond School. These lessons will include:

- The influence of social media on young lives
- How targeted advertising works
- What is marriage
- Your rights and responsibilities as a consumer
- Employment rights and how to read a payslip

In the second half term, Year 10 will be moving onto Health and Wellbeing, during which students will learn about:

- How to promote positive wellbeing
- The impacts of screen time on health
- Types of mental illnesses
- Types of self-harm and how to seek help if needed
- Child sexual abuse and how to seek help if needed

By sharing these subjects with you I hope you can engage with your child about these topics and support their learning. If you need any advice or information regarding their topics, please contact me by email [jreynolds@looecca.net](mailto:jreynolds@looecca.net)

Yours faithfully

*J Reynolds*

**Jenna Reynolds**  
**Head of PSHCE and Careers**