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Interim Headteacher: Mr K Carrington

10 January 2025

Dear Parent/Carer

### **Year 7 PSHCE Spring Term Update**

I would like to inform you of the subjects your child will be learning in the Autumn Term in their PSHCE lessons. PSHCE composes of three themes, in line with our Academy values, which are taught twice a year and are delivered under the topic names of:

1. **Respectful Relationships:** Topic 1 – Relationships and Sex Education; Topic 2 – Celebrating Diversity and Equality
2. **Taking Responsibility:** Topic 1 – Life Beyond School; Topic 2 – Rights, Responsibilities and British Values
3. **Building Resilience:** Topic 1 – Health and Wellbeing; Topic 2 – Staying Safe Online and Offline

In the first half term, Year 7 will be completing friends, respect and relationships as part of the Relationships and sex education topic. These lessons will include:

- Respect and relationships
- Consent and boundaries
- Pressure, influence and friends
- Friendships and online relationship
- What does it mean to be a man today?

In the second half term, Year 7 will be moving onto staying safe online and offline, during which students will learn about:

- Staying safe online
- Online gambling, grooming and addiction
- Energy drinks and caffeine
- Smoking and vaping
- Avoiding gangs and criminal behaviour
- Knife crime and safety

By sharing these subjects with you I hope you can engage with your child about these topics and support their learning. If you need any advice or information regarding their topics, please contact me by email [jreynolds@looca.net](mailto:jreynolds@looca.net)

Yours faithfully

*J Reynolds*

**Jenna Reynolds**

**Head of PSHCE and Careers**