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Interim Headteacher: Mr K Carrington

10 January 2025

Dear Parent/Carer

Year 10 PSHCE Spring Term Update

I would like to inform you of the subjects your child will be learning in the Autumn Term in their PSHCE lessons. PSHCE composes of three themes, in line with our Academy values, which are taught twice a year and are delivered under the topic names of:

1. **Respectful Relationships:** Topic 1 – Relationships and Sex Education; Topic 2 – Celebrating Diversity and Equality
2. **Taking Responsibility:** Topic 1 – Life Beyond School; Topic 2 – Rights, Responsibilities and British Values
3. **Building Resilience:** Topic 1 – Health and Wellbeing; Topic 2 – Staying Safe Online and Offline

In the first half term, Year 10 will be completing risk, relationships and sex education as part of the Relationships and sex education topic. These lessons will include:

- Campaigning against FGM
- Sexualisation of the media
- Sexting and nudes
- Unhealthy relationships, sexual abuse and rape
- Delaying sexual activity

On 6 February 2025, Year 10 will have a workshop with Gambling Awareness with the aims of providing education around the danger of gambling both online and offline, and how to stay safe.

In the second half term, Year 10 will be moving onto violence, crime and seeking safety, during which students will learn about:

- Honour based violence
- Forced marriages and breast ironing
- Social media validation
- Modern day slavery
- Keeping your data safe
- Causes of knife crime

On 26 March 2025, Year 10 will have a 1 hour workshop with Brook, a PSHCE partner who specialises in relationships and sex education. The topic of this workshop is the dangers of viewing sexual content. This will help support our tutors in delivering such important relationships and sex education messages to our students.

By sharing these subjects with you I hope you can engage with your child about these topics and support their learning. If you need any advice or information regarding their topics, please contact me by email jreynolds@looea.net

Yours faithfully

J Reynolds

Jenna Reynolds

Head of PSHCE and Careers