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Interim Headteacher: Mr K Carrington

10 January 2025

Dear Parent/Carer

Year 11 PSHCE Spring Term Update

I would like to inform you of the subjects your child will be learning in the Autumn Term in their PSHCE lessons. PSHCE composes of three themes, in line with our Academy values, which are taught twice a year and are delivered under the topic names of:

1. **Respectful Relationships:** Topic 1 – Relationships and Sex Education; Topic 2 – Celebrating Diversity and Equality
2. **Taking Responsibility:** Topic 1 – Life Beyond School; Topic 2 – Rights, Responsibilities and British Values
3. **Building Resilience:** Topic 1 – Health and Wellbeing; Topic 2 – Staying Safe Online and Offline

Year 11 will only have 1 more half term for PSHCE content and will be completing sexual health as part of the Relationships and sex education topic. These lessons will include:

- Respect, love and relationships
- Importance of sexual health
- Fertility and what impacts it
- Alcohol, parties and bad choices
- Peer- on peer abuse

On 26 March 2025, Year 11 will have an assembly with Brook, a PSHCE partner who specialises in relationships and sex education. This will help support our tutors in delivering such important relationships and sex education messages to our students.

By sharing these subjects with you I hope you can engage with your child about these topics and support their learning. If you need any advice or information regarding their topics, please contact me by email jreynolds@looe.net

Yours faithfully

J Reynolds

Jenna Reynolds

Head of PSHCE and Careers