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Interim Headteacher: Mr K Carrington

10 January 2025

Dear Parent/Carer

Year 9 PSHCE Spring Term Update

I would like to inform you of the subjects your child will be learning in the Autumn Term in their PSHCE lessons. PSHCE composes of three themes, in line with our Academy values, which are taught twice a year and are delivered under the topic names of:

1. **Respectful Relationships:** Topic 1 – Relationships and Sex Education; Topic 2 – Celebrating Diversity and Equality
2. **Taking Responsibility:** Topic 1 – Life Beyond School; Topic 2 – Rights, Responsibilities and British Values
3. **Building Resilience:** Topic 1 – Health and Wellbeing; Topic 2 – Staying Safe Online and Offline

In the first half term, Year 9 will be completing sex, the law and consent as part of the Relationships and sex education topic. These lessons will include:

- Sexual consent, FGM and the law
- Relationships and partners
- Delaying sex
- Sexual harassment and stalking
- Domestic abuse and domestic violence

In the second half term, Year 9 will be moving onto legal and illegal drugs, during which students will learn about:

- What is a drug?
- Different types of addiction
- Cannabis products
- Drug classifications
- Volatile substance abuse
- The war on drugs

On 3 March 2025, Year 9 will have a 1 hour workshop with YZUP, a PSHCE partner who specialises in drugs education and prevention. This will help support our tutors in delivering such an important health education message to our students.

By sharing these subjects with you I hope you can engage with your child about these topics and support their learning. If you need any advice or information regarding their topics, please contact me by email jreynolds@looca.net

Yours faithfully

J Reynolds

Jenna Reynolds

Head of PSHCE and Careers