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Headteacher: Mr S Yalden BSc (Hons) PGCE NPQH

21 September 2022

Dear Parent/Carer

### **Year 8 PSHCE Autumn Term Update**

I would like to inform you of the subjects your child will be learning in the Autumn Term in their PSHCE lessons. PSHCE composes of three themes, in line with our Academy values, which are taught twice a year and are delivered under the topic names of:

1. **Respectful Relationships:** Topic 1 - Exploring Relationships; Topic 2 – Safe Relationships
2. **Taking Responsibility:** Topic 1 - British Life; Topic 2 - Future Life
3. **Building Resilience:** Topic 1 - Healthy Body; Topic 2 - Healthy Mind

In the first half term, Year 8 will be completing Exploring Relationships. These lessons will include:

How can I manage my behaviour to achieve?

How can I manage conflict?

How are we protected from prejudice?

Stereotyping- Teens and the media, disability, religion and racism

In the second half term, Year 8 will be moving onto British life, during which students will learn about:

Celebrating British values

Extremism and racism

Radicalisation and human trafficking

By sharing these subjects with you I hope you can engage with your child about these topics and support their learning. If you need any advice or information regarding their topics, please contact me by email [jreynolds@looe.net](mailto:jreynolds@looe.net)

To help you support your child's learning, Looe Community Academy are excited to offer you access to their Community Online Membership. Your membership gives you access to over 100 courses which will help you as a Parent or Carer support your child with any social, emotional or mental health concerns and many teenage issues. Each course is made up of a series of bite-sized videos. You can watch them all in one go, or

spread them out, whatever suits you best. For every completed course you can download a certificate to mark your progress. If you would like further help or guidance, please contact Mrs Jackman.

Why not get started now? Click on the following link to set up your password:  
<https://www.creativeeducation.co.uk/add-yourself-to-your-school-or-colleges-membership/?ca=8f756ac0ec16744ac4451af6b982acf2>

Yours faithfully

*J Reynolds*

**Jenna Reynolds**  
**PSHCE and Careers Leader of Learning**