



# Key to Success

## Parent and Carers

### Important information



**Complete maths** All the benefits of 1-to-1 tuition at a fraction of the cost? Complete Mathematics TUTOR is there 24-7 to help every pupil and every student succeed in mathematics.

<https://completemaths.com/>

**Tier 2 language** Tier 2 words are high-frequency words that are frequent enough that most native speakers would know what they mean, but usually require explicit instruction. They are often spelled in ways that don't phonetically follow the simple rules of English grammar and may be challenging for emerging vocabulary learners who know how to say the word.

<http://blogs.sd41.bc.ca/ell/tier-2-word-lists-and-vocabulary-lessons/>



**Powerup** PowerUp is a computer-based program that adapts instruction to the specific needs of adolescent learners. The activities in PowerUp support and build on your school's English Language Arts curriculum, focusing on developing reading skills in three areas: word study, grammar, and comprehension.

[www.lexiapowerup.com](http://www.lexiapowerup.com)

**Hold on to Your Kids** Gabor Maté joins forces with Gordon Neufeld, a psychologist with a reputation for penetrating to the heart of complex parenting. They offer practical advice on how to 'reattach' to sons and daughters, establish the hierarchy at home, make children feel safe and understood, and earn back your children's loyalty and love.

<https://www.youtube.com/watch?v=tftuAqsSJqU>



**Growth mindset** Our mindsets exist on a continuum from fixed to growth, and although we'd like to always have a growth mindset, the reality is that we can only be on a journey to a growth mindset. The goal is to recognise fixed mindset elements in ourselves and then reflect on feedback and strategies for how to improve.

<https://www.mindsetworks.com/free-resources/default>



**The Day** The Day is an online daily newspaper for young people. We publish analysis of the news that provides context for debates that explore the deeper currents shaping our world.

<https://theday.co.uk/>

**Beacon House Support** This article has been written for parents, carers, friends and family of children who have experienced early loss, trauma and attachment disruption. This article is for adults who experienced loss or trauma during their own childhood, and who may find that the information here deeply resonates with their own life story.

<https://beaconhouse.org.uk/wp-content/uploads/2020/02/Developmental-Trauma-Close-Up-Revised-Jan-2020.pdf>



**SEND offer and Cornwall** A source of information for parents / carers and young people to help meet the needs of children and young people with special educational needs (SEN).

<https://www.cornwall.gov.uk/schools-and-education/special-educational-needs/>

**Headstart Kernow** Parents and Carers Back to School. Cornwall Council have a dedicated area for advice and information about going back to school. Start Now has lots of info and ideas for young people on going Back to School and Transition for Y7.

<https://www.headstartkernow.org.uk/parents--carers/>



**National Online Safety** Access to our Resource Hub containing over 50 platform guides for parents.

<https://nationalonlinesafety.com/guides>

**Brook- The sexual Health Service** Free resources and courses to support relationships and sex education learning for all.

<https://learn.brook.org.uk/>



**Skills Builder** Essential skills unlock learning in the classroom, boosting academic outcomes, perseverance and self belief. They halve the likelihood of being out of work, and increase earnings across a lifetime. They even boost wellbeing and life satisfaction.

<https://www.skillsbuilder.org/>