



Sunrising, East Looe, Cornwall PL13 1NQ

Telephone: 01503 262625

Email: enquiries@looe.cornwall.sch.uk

www.looe.cornwall.sch.uk

Headteacher: Mr S Yalden BSc (Hons) PGCE NPQH

10 October 2022

Dear Parent/Carer

Year 7 Team Building Day - Monday 17 October 2022

I am delighted to inform you that we have organised an exciting year 7 team building day at Adrenaline Quarry near Liskeard on **Monday 17 October 2022**.

This amazing opportunity forms part of our '**Be the Best You Can Be**' programme, where students develop essential skills that support team building, resilience and stepping outside their comfort zones.

Throughout the day students will experience the aquapark, zip wire and karting. No previous experience is required, and the activities are designed for all ability levels.

Students will travel to Adrenaline Quarry by coach, which will leave after the school buses arrive at 8:45am and return in time for the school buses, which depart at 3:20pm.

Students do not have to wear their school uniform, but please ensure they wear appropriate clothing for a day outdoors - the current forecast is wet and breezy. They will need to bring the following:

- towel, swimwear, warm jumper/fleece and spare change of clothes;
- sunscreen and a suitable hat.

Food and drinks are not available on-site, so students will need to bring their own. Packed lunches can be pre-ordered and collected from the canteen prior to departure, including for those students entitled to free school meals.

Wetsuits, buoyancy aids and safety equipment will be provided, but if they have their own full wetsuit, they can bring this along too.

Outdoor adventurous activity provides for an exciting day, but is not without risk. We submit all planned offsite activity to Cornwall Council's expert team and Adrenaline Quarry is an approved provider on their database and our programme has been approved. Adrenaline Quarry has provided additional information which can be found on the [School Trip Info](#) section of the website, along with our school journey insurance summary.

We look forward to a really exciting day. If you would like to find out more about the Adrenaline Quarry site, please access the following link for more information <https://www.adrenalinquarry.co.uk/>

Yours faithfully



Ed Gilbert
Assistant Headteacher