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Headteacher: Mr S Yalden BSc (Hons) PGCE NPQH

17 April 2023

Dear Parent/Carer

### **Year 9 PSHCE Summer Term Update**

I would like to inform you of the subjects your child will be learning in the Summer Term in their PSHCE lessons. PSHCE composes of three themes, in line with our Academy values, which are taught twice a year and are delivered under the topic names of:

1. **Respectful Relationships:** Topic 1 - Exploring Relationships; Topic 2 – Safe Relationships
2. **Taking Responsibility:** Topic 1 - British Life; Topic 2 - Future Life
3. **Building Resilience:** Topic 1 - Healthy Mind; Topic 2 - Healthy Body

In the first half term, Year 9 will be completing Safe Relationships. These lessons will include:

- What is harassment and stalking and how to prevent and report
- Signs of child sexual exploitation and how to prevent and report
- What are sexually transmitted infections and how contraception can reduce these infections and the chance of pregnancy
- What it is like to be a parent and the reality of birth and babies

During this half term Year 9 will take part in a workshop with Brook, Cornwall's sexual health service. Introduction to Sexual Health & Confidential questions is a session that provides a confidential space for young people to ask questions about sex and relationships. It covers sex and the law, consent, peer pressure, contraception and condom use (CCARD), confidentiality and access to services. This will take place on 24 May 2023.

In the second half term, Year 9 will be moving onto Healthy Body, during which students will learn about:

- Drugs and the law
- The dangers of prescription drugs
- Gangs and county lines and how to stay safe
- How to make responsible health choices such as vaccinations and blood, organ and stem cell donation

By sharing these subjects with you I hope you can engage with your child about these topics and support their learning. If you need any advice or information regarding their topics, please contact me by email [jreynolds@looca.net](mailto:jreynolds@looca.net)

To help you support your child's learning, Looe Community Academy are excited to offer you access to their Community Online Membership. Your membership gives you access to over 100 courses which will help you as a Parent or Carer support your child with any social, emotional or mental health concerns and many teenage issues. Each course is made up of a series of bite-sized videos. You can watch them all in one go, or

spread them out, whatever suits you best. For every completed course you can download a certificate to mark your progress. If you would like further help or guidance, please contact Mrs Jackman.

Why not get started now? Click on the following link to set up your password:  
<https://www.creativeeducation.co.uk/add-yourself-to-your-school-or-colleges-membership/?ca=8f756ac0ec16744ac4451af6b982acf2>

Yours faithfully

*J Reynolds*

**Jenna Reynolds**  
**PSHCE and Careers Leader of Learning**