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Headteacher: Mr S Yalden BSc (Hons) PGCE NPQH

Our Ref: JOW

3 July 2023

Dear Parent/Carer

Challenge Week 2023 Adventure Addicts

I hope your child is looking forward to Adventure Addicts. I think that the activities that I have organised are great fun and I hope your child will agree. Students will need to arrive at school at the usual time and will be back by 3.10pm.

Here is the itinerary and what to bring:

Monday - Camel Trail

This is open to competent cyclists only, following the disused railway line, our students will cycle approximately 6 miles along the Camel Estuary from Wadebridge to Padstow. Once in Padstow, students will have an hour to explore the town, before cycling back to Wadebridge. Bikes and helmets will be provided. Students should wear suitable clothing and shoes; bring sunscreen, a water bottle and either a packed lunch, or money to buy lunch in Padstow.

Tuesday - Wargames-Outdoor Laser Combat

This is a fun way of 'playing soldiers' in team games in the woods without being hit by a projectile. Equipment required will be: shorts, and t-shirts with sturdy shoes (overall and hat will be provided) sunscreen, water bottles, snacks, packed lunch and money to purchase from the snack machines.

Wednesday - Coasteering

Coasteering involves scrambling, sea swimming, climbing and cliff jumping your way around a section of the North Cornwall coastline. Students must be fairly competent and confident swimmers. All equipment is provided, students will need swimwear, towel, sunscreen, water bottles and a packed lunch.

Thursday - Tree Surfing

Students will take on the Tree Surfing Challenge combined with a nature walk in the beautiful Tamar Valley. Students should wear suitable clothing and footwear; bring sunscreen, a water bottle, and a packed lunch for the day.

Friday - Dry Ski Slope

The final day will be a ski experience at Plymouth Snow Sports Centre. Students will have qualified instructors to ensure quality tuition for all levels of skier, in addition enjoy some snow tubing and

tobogganing. Students must wear a long-sleeved top, trousers, and gloves and bring sunscreen, a water bottle, packed lunch or money to purchase food or beverages from the café.

I'm really looking forward to what should be a fantastic week of activities and seeing the school year off in style.

Yours faithfully

Mrs J Owen
Trip Leader