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3 July 2023

Dear Parent/Carer

Challenge Week 2023

Mr Riley's Epic Week of Adventure

I am delighted your child has chosen this trip for Challenge Week and I hope they are looking forward to our Epic Week of Adventure.

To ensure your child is fully prepared for each day please ensure you read this letter carefully and make sure they have everything they need for each day's activity and take note of the days we are leaving the academy slightly earlier and returning slightly later. This is to ensure your child has the best possible experience on each day and has a day jam-packed full of activities.

Here is a breakdown of each day with the details of what your child requires.

On Monday we accelerate off spending the day at St Eval Karting track, the UK's largest circuit. Pupils are permitted to wear shorts, as racewear is provided to go over the top, but no open toed, open heeled footwear is permitted and no sandals, flip flops or strappy shoes are allowed. Footwear must be shoes, trainers or boots. Pupils will need to arrive to school at normal time for us to depart at 08:45am. We will be returning to the Academy before the end of the school day, so no additional transport arrangements will need to be made.

Tuesday sees us head down to Retallack Resort & Spa Cornwall to get Wet n Wild at the undisputed home for watersports in Cornwall. Pupils will be taking to the waves on Cornwall's only surf simulator, slip, slide and splashing around the inflatable Aqua Park, and testing their balance on the SUP's. All wetsuits are provided but personal wetsuits can be used. Rash vests are advisable, or a t-shirt that is ok to get wet. A towel and some warm clothing will be needed. We will be leaving the academy at 08:30 so your child will need to be at LCA for 08:15. We will be returning between 17:00 & 17:30 so alternative arrangements will need to be made to pick up your child from the academy.

A drier, slightly more relaxing day on Wednesday with a couple of games of **Ten Pin Bowling**, followed by some time in the arcade then off next door to the **Vue Cinema Plymouth**. What a rest day!!!! Your child might want to bring some treats (popcorn, sweets, drinks) with them, or some money to purchase something at the cinema or use in the arcade. We will be leaving the academy at 8:45 so your child will need to be at LCA for 8:30. We will be returning between 16:00 and 16:30 so alternative arrangements will need to be made to pick up your child from the academy.

On Thursday it's onto Splashdown Quaywest, the UK's **BIGGEST** outdoor waterpark. Your child will need to wear swimwear when in the waterpark. Personal wetsuits are permitted. Rash vests are advisable also, or a t-shirt that can get wet. A towel and some warm clothing will be needed. We will be leaving the academy at 8:30 so your child will need to be at LCA for 08:15. We will be returning between 16:00 & 16:30 so alternative arrangements will need to be made to pick up your child from the academy.

Friday will see us end the week enjoying everything that the beautiful Cornish Atlantic ocean has to offer. We are heading down to Fistral Beach where we will be enjoying surf tuition from the local experts and after a break for lunch we will be traversing the stunning coastline around the headland. Pupils will be kitted out with full safety gear and fully trained guides will help choose the route. All wetsuits are provided but personal wetsuits are permitted. Rash vests are advisable, or a t-shirt that can get wet as well as trainers that can be worn in the sea. A towel, some warm clothing and additional footwear to wear home will be needed. We will be leaving the academy at 8:30 so your child will need to be at LCA for 08:15. We will be returning between 16:00 and 16:30 so alternative arrangements will need to be made to pick up your child from the academy.

On each day your child will be required to bring a packed lunch and a drink with them. Any pupil eligible for free school meals can pick up a packed lunch from the school canteen in the morning. It is also advisable to bring a coat, some sunscreen, a hat and some money on each day.

I'm really looking forward to what should be a fantastic week of activities and seeing the school year off in style.

Yours faithfully

Mr L Riley
Trip Leader