



Looe Community Academy Challenge Week 2023

17TH—21ST JULY



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Headteacher: Mr S Yalden BSc (Hons) PGCE NPQH

Dear Parent/Carer

At Looe Community Academy, we are extremely pleased to be able to offer students in Years 7, 8 and 9 the opportunity to take part in Challenge Week 2023.

As with every year, this week promises to be an action packed 5 days that celebrates our students' achievements and allows them to develop their personal learning and thinking skills. For 2023 we have provided the opportunity for students to experience a range of activities that may not be readily available to them during their usual timetabled lessons.

Students can choose one of the fantastic residential experiences on offer or alternatively, they can enjoy the 'home programme' where they can opt for one of our 'challenge packages' that caters for a wide range of interests and budgets.

As your son or daughter will be selecting one package for the duration of Challenge Week, they should carefully consider the activities on offer and liaise with friends before signing up and paying a deposit.

For non-residential activities, in accordance with current regulations, participation in those Challenge Week options that carry an additional cost is by voluntary contribution. For residential activities, in accordance with current regulations, the full cost of board and lodgings will need to be paid. For students whose parents or carers are in receipt of certain benefits, board and lodgings may be remitted on production of suitable evidence. Other costs for residential visits will be by voluntary contribution. Full details can be found in our Charging and Remissions Policy, which is available on our website, but clearly if insufficient funds are raised through voluntary contribution, activities will not be able to take place.

Deposits and top-up payments can be paid via Parent Pay. Details about Parent Pay have been sent previously to you and, if required, login details can be resent for those parents that have not yet activated their account.

Parent Pay will open for deposits on **28th February at 8am**. Deposits should be paid by **17th March** with top up payments made by the dates set out on Parent Pay. Activities will be available on a first serve basis.

Yours faithfully

Lea Riley

Challenge Week Coordinator

Looe Community Academy is a member of SMART (South East Cornwall Multi Academy Regional Trust), an exempt charity and a company limited by guarantee, registered in England and Wales with company number 7542166





**WEEK OVERVIEW
CHALLENGE
WEEK 2023**

Code 1. Capture Crew: led by Miss Wood. **Cost FREE**

Code 2. Crafty Creations: led by Miss Fowkes. **Cost FREE**

Code 3. Mr Riley's Epic Week of Adventure: led by Mr Riley. **Cost £190**

Code Just like the Pro's: led by Mrs Turon. **Cost £35**

Code 5. Amaze Days: led by Mr Deacon (Year 9 only) . **Cost £495**

Code 6. Harry Potter Experience: led by Mrs Ward. **Cost £175**

Code 7. Wet N Wild: led by Mr Clatworthy. **Cost £250**

Code 8. The Coast with the most: led by Mrs Day. **Cost £50**

Code 9. Adventure Addicts: led by Mrs Owen. **Cost £140**

Code 10. The amazing Isles of Scilly residential led by Mr Gilbert.
(Year 7 only) **COST £420**

Code 11. Splash, Dash & Smash: led by Miss Scott-Hammond.
Cost FREE

All deposits are £50. Codes 1, 2 and 11 are free but parents must still register their child on Parent Pay and complete a Consent Form.

COST: FREE

CAPTURE CREW

Spend the week learning the fine arts of photography and make the most out of the local area and all it's wonders to snap away and capture those perfect pictures.

Take on daily photo challenges

Capture different genres

Look at life through different lenses

Try Macro, Bring Banksy, Go Graffiti

Use different lighting

Create your own photo book

Make a Challenge week 2023 wall spectacle

Go abstract

Explore different photo apps, lenses,

Experiment, Explore, Experience.

Lead Teacher
Miss Wood



4 night

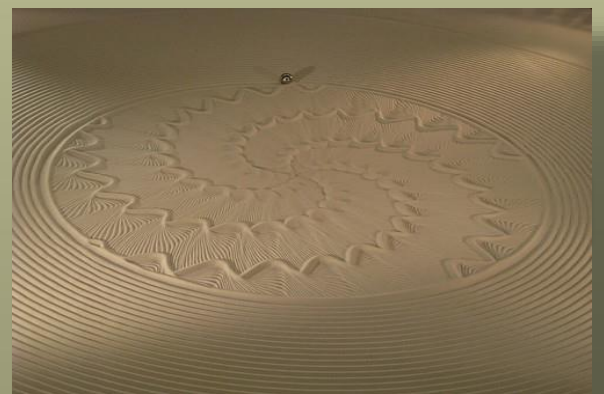
CRAFTY CREATIONS

Lead Teacher: Mrs
Fowkes

Cost: free

READY SET MAKE!

DO YOU LOVE TO MAKE THINGS? WELL, DURING THIS WEEK WE WILL BE MAKING BEAUTIFUL CREATIONS OUT OF SEA GLASS, PAINTING WITH A REAL-LIFE ARTISTS FROM OUR LOCAL AREA, GETTING CREATIVE AND LEARNING HOW TO MAKE YOUR OWN BOOKS, TAKING PHOTOS AND USING CREATIVE INSPIRATION OF LOVELY LOOE. WE WILL BE USING NATURAL OBJECTS LIKE SHELLS TO MAKE SEASHELL WREATHS? BREAD BAKING, AND MAYBE EVEN SQUEEZING IN SOME SAND ART? THIS WEEK OF CREATIVE CURIOSITY WILL GIVE YOU THE CHANCE TO HAVE FUN, RELAX, IMPROVE YOUR CONFIDENCE / EARN NEW SKILLS



Mr Riley's Epic Week of Adventure

COST: £190

A week full of the best activities our area has to offer

LEAD TEACHER: MR RILEY



Monday: We accelerate off at the start the week spending the day at St Eval karting track, the UK's largest circuit. You'll be racing around the 1km track, challenging yourself against the chicanes, dramatic flyover and hairpin corners, all aiming to be first on that podium at the end!!!! Are there any budding speedsters who can beat Mr Riley's Lap time? Get your engines at the ready to find out.

Tuesday: Take to the waves on Cornwall's only surf simulator! Where experienced instructors will have you standing up and surfing in style in no time. Slip, slide and splash around on the inflatable Aqua Park, where there's steps, trampolines and more to jump and bounce your way around the course! And learn how to master the waves whilst stood up on the SUP's. Life couldn't be wetter!



Wednesday: Today's day requires a little less movement. Firstly, a couple of games of **ten pin bowling**, followed by some time in the arcade, then off next door to the **Vue Cinema Plymouth** to sit back, relax and fill your face with popcorn and sweets whilst kicking back in the leather recliner seats to watch the latest blockbuster movie.

Thursday: It's onto Splashdown Quaywest, the UK's BIGGEST outdoor waterpark, with 8 adrenalin-pumping flume rides. Take on the sheer speed of 'The Screamer' with it's 60 degree steep arc, ride the 'Wild Kamikaze' and accelerate through 60 metres of slide and descend through 3 steep drops! Face the 'Devil's Drop'? The highest, fastest flume in the UK! a 65ft near vertical drop and into a black hole. Ride together with friends down the 'Raging Rapids', Tumble on tyres and whizz through 130m twists and turns in the 'Surf Lagoon' before weaving your way through 112m of open and closed tubes on the 'Sidewinder'. Finish with 98m of 360-degree turns on the 'Corkscrew' & 100 metres of twists and turns on 'Wet & Wild', then do it all again.....



Friday: The end of the week sees us get the 'most of the coast' at one of Cornwall's finest surf beaches, Fistral. Learn how to surf with expert instruction from the surf team then have some lunch before traversing the stunning coastline around the headland Coasteering. Jump, climb, swim, let the sea pick you up and take you for a ride...coasteering is an instant rush and you don't need any experience, just a thirst for adventure.



Surf sanctuary

JUST LIKE THE PROS!

A CHANCE TO HAVE A GO AT SOME NEW SKILLS JUST LIKE THE PROS, AND SEE WHAT YOU ARE CAPABLE OF OUTSIDE OF THE NORMAL SCHOOL ENVIRONMENT!

Be like Bear Grylls



Try out your survival skills by building a shelter and camping out in the woods overnight at **Mount Edgcumbe**. You'll get to develop your survival skills by using tools to make poles for your shelter, and building a fire from scratch (to cook your dinner of sausages and smores!).



Re-create your own greatest showman experience

Have a go at some Circus Skills like diabolo, juggling and even the chance to hang upside down on an Ariel rope!



Put your bushcraft skills to the test on a woodland ramble

Challenge your skills and test your abilities in different natural environments

Can you use all of your sharpened skills to solve clues and complete the local hunt?

Work together to explore the local area and crack the case



We will be working with experts in their field like Professional Circus Performers, Forest Rangers, Activity Staff and Local Experts.

Cost: £35

Lead Teacher:
Mrs Turon

Amaze Days

Code 5

Cost: £495

Lead Teacher – Mr Deacon

*(Please note, this trip is offered to Year 9 only)

Monday 17th July

We will begin our journey by setting off from the Academy on our 'executive coach' to **West Midlands Safari Park**, where students will be able to interact with and witness some of nature's greatest animals and creatures. The students will then head to our overnight stay hotel at the Premier Inn Hinkley, where they will feast on a restaurant evening meal, before getting a well-earned night's sleep.



Tuesday 18th July On awakening, a choice of a full English or Continental breakfast will be provided at the hotel to fuel for the day ahead, where we will then be setting off to **Alton Towers Theme Park**, one of the UK's finest, for a choice of an action-packed day on the rides for the thrill seekers, or a more leisurely approach to the wide range of 'calmer' activities for others. The day will finish by returning to the Academy to catch up with family and friends on the past two day's events.

Wednesday 19 July

Another early start today, as we're London bound via train, arriving in Paddington Station in the morning, before embarking on a London city stroll, taking in sites such as **Buckingham Palace, Big Ben, Houses of Parliament, Trafalgar Square, Downing Street, Horse Guards Parade & Hyde Park**. A quick stop off at the famous '**Banksy Art Tunnel**', before heading back out onto the streets (and tubes) of London, to **St Paul's Cathedral and Dome walk** to witness London from above! Then an evening restaurant meal, the **London Apollo Theatre** awaits, where we will be heading to witness the award-winning **West End Show, Wicked - The Musical!!**



Thursday 20th July Another full breakfast before we embark on the **London Eye**, then take the chance to meet all the world's most famous celebrities (even if only in wax statue form) at **Madame Tussauds** and then onto the sensational **Marvel Heroes 4D Experience!!** As if that wasn't enough, we will test our nerve in the trials and tribulations of the **London Bridge Experience**, before calming things down with our evening meal, in preparation for our last night in London, watching **Lion King – The Musical**...What a way to end the day!!

Friday 21st July The finale...**Thorpe Park!** Whether you are the ultimate rollercoaster rider or more of a log flume luger...this place has it all!! This day will be fuelled to the max from the start with everything the UK's biggest theme park has to offer!! Hopefully the group will have just enough energy left to survive the coach journey back to Cornwall and look back on 'A week to remember!!'



***PLEASE NOTE – Students wishing to participate in this package will be required to share a hotel 'twin room' with another student. It is also strongly advised that in order to maximise their day, students wishing to ride the main rollercoasters at Thorpe Park pre-purchase their own 'Ride Fastrack Pass' before the trip at the following link; www.thorpepark.com/tickets-passes/fastrack as only the park admission ticket is included in the cost of this package.**

Harry Potter Experience

Code 6

£175

Lead Teacher Mrs Ward

Prepare yourself for a magical week immersed in the school life of Harry Potter, Ron Weasley and Hermione Granger.

In school, your activities will include

- making Hogwarts uniform
- creating your own wand
- cooking (and eating) a feast of wizarding delicacies
- making a broomstick and using it to play Quidditch
- adding to Neil Scamander's record of Fantastic Beasts

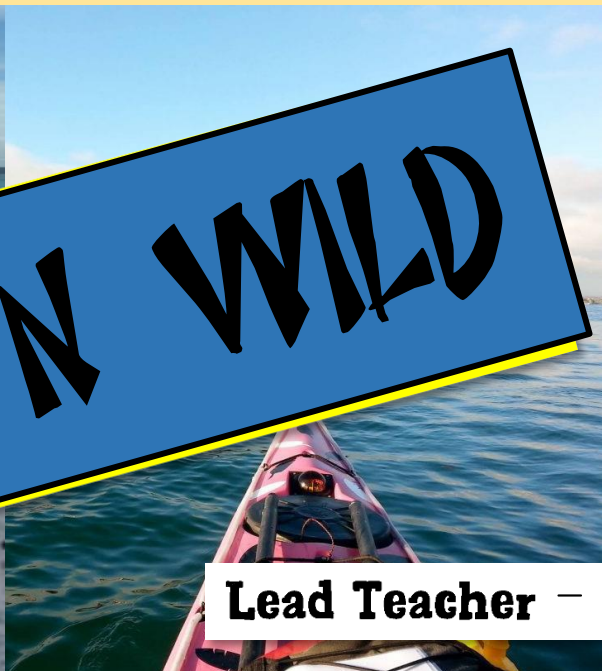


DAY TRIPS and OVERNIGHT STAY!

During the week, we'll be visiting some of the locations from the Harry Potter films in Lacock village, and of course no Hogwarts themed week would be complete without a trip to Warner Brothers Studios, (Harry Potter World) where in addition to the fantastic tour looking at sets, props and costumes we will have an exclusive workshop behind the scenes with some of the team who work at the studios.

There will be an overnight stay in Watford so that we can be at Warner Brothers Studios bright and early.





WET N WILD

Code 7

COST: £250

Lead Teacher – Mr Glatworthy

The weeks' set of activities is all about challenging yourself in new and exciting environments. The week consists of daily trips from the school to a range of destinations, arriving and leaving school at usual times. Are you ready to get wet and wild and put the challenge back into Challenge week?

Monday 17th July – Plymouth Player Ready Virtual Reality Gaming, Escape Rooms & Sim Racing: Virtual Reality stations loaded with fun games, zombies, Escape Rooms and immersive experiences. Be prepared to change reality!!!!

Tuesday 18th July – The Barn Climbing Centre: An amazing day of adventurous activities where you can try bouldering, climbing walls and slack lines, whilst learning everything you need to know about indoor climbing and bouldering under one roof. Can you conquer the free-standing boulder?



Wednesday 20 July - Friday 22 July – MountBatten Watersports & Activities Centre

Explore Plymouth Sound by kayak taking in the stunning views of the City's historical and picturesque waterfront from a new perspective. Get Stand Up Paddleboarding in no time at all in the sheltered water directly outside the Centre! We can guarantee you will get wet and have a SUP-er time! Try out your skills on the Centre's Boathouse Climbing Wall and maybe a day sail with a picnic to Drake's Island. Will you learn your port from starboard? Or you bow from your stern? And how about another opportunity, trying Windsurfing in the sheltered waters of Plymouth Sound!



Wetsuits and buoyancy aids or life jackets will be provided but students will need wetsuit boots or training shoes that can get soaking wet.

All activities take place under the supervision of LCA teachers and Mount Batten Centre Instructors.

**MAKE
THIS YOUR
CLASSROOM**



The Coast with the most

Code 8

Cost: £50

Lead Teacher: Mrs Day



Explore the coast of Looe and all that lurks beneath with walks along our stunning coastline, beach activities and trips out on the local glass bottom boat. Challenge yourself on the local climbing wall, learn about the local ecosystem and find as many creatures in their local habitat. Enjoy plenty of team games, quizzes and fun challenges, and throw in a cinema trip too, and you've got a week enjoying the coast with the most.





Code 9

COST: £140



Adventure Addicts

Lead Teacher – Mrs J Owen

Another fabulous active week!

Monday 17th July – Camel Trail *This is open to competent cyclists only* following the disused railway line, students will cycle approximately 6 miles along the **Camel Estuary from Wadebridge to Padstow**. Once in Padstow, students will have an hour to explore the town before cycling back to Wadebridge. Bikes and helmets will be provided. Please wear suitable clothing and shoes; bring sunscreen, a water bottle and either a packed lunch or money to buy lunch in Padstow.

Tuesday 18th July - Wargame Company, Tavistock, Outdoor Laser Combat

This is a fun way of 'playing soldiers' in team games in the woods without being hit by a projectile. Equipment required will be: shorts and t-shirts with sturdy shoes (overall and hat will be provided), sunscreen, water bottles, snacks, packed lunches and money to buy snacks from the snack machine.

Wednesday 19th July - Coasteering

Coasteering involves scrambling, sea swimming, climbing and cliff jumping your way around a section of the North Cornwall coastline. Students must be fairly competent and confident swimmers. All equipment is provided, students will need swimwear, towel, sunscreen, water bottles and a packed lunch.

Thursday 20th July - Tree Surfing Challenge

Challenge yourself to a treetop adventure that will test your limits, stretch your mind, and give you a natural high! Students will take on the Tree Surfing Challenge combined with a nature walk in the beautiful Tamar Valley. Please wear suitable clothing and footwear; bring sunscreen, a water bottle and a packed lunch for today.

Friday 21st July - Skiing

The final day will be a Ski Experience at Plymouth Snow Sports Centre! Learn the basics of skiing or show off your already developed skills on the ski slope. Students will have qualified instructors to ensure quality tuition for all levels of skier. In addition, enjoy some snow tubing and tobogganing. Students must wear log sleeved tops, trousers and gloves. Please bring a water bottle, packed lunch, sunscreen and money should you wish to purchase food or beverages from the café.



Isles of Scilly Residential Adventure

Code 10

Cost £425



Lead Teacher – Mr E Gilbert

**An amazing opportunity to take part in
an adventure of a life time.**

This will be an exciting and challenging opportunity where students can take part in a **residential camping adventure** on the Isles of Scilly. Students travel to the **Isles of Scilly** on the **Scillonian ferry**, camp on the **Cornwall Outdoors** dedicated schools' camp site at **Pelistry Farm** on St Mary's and take part in a range of **exciting and challenging activities**:

- **Coasteering** – on St Mary's with Kernow Coasteering (Life on the Edge)
- **Swimming with seals** – from St Martin's with Scilly Seal Snorkelling
- **Fast rib ride**- from Tresco with Island Sea Safaris
- **Bear Grylls adventure** – on Samson
- **Swimming** on idyllic deserted beaches – St Mary's and Samson

The cost of the adventure is £400, which **includes all activities, accommodation, food and transport**. The adventure will begin with the coach leaving the Academy early on the morning of **Saturday 15th July** and finish with the coach returning to the Academy **late in the evening on Friday 21st July**.

7 days residential



SPLASH, DASH AND SMASH

Cost: FREE



Are you up to all the challenges Looe can throw at you?
Can you gig row like the local world champions?
Have you got the skill to putt, bowl and serve your way to success?

Where are your limits? Let the Cross Fit experts find out?
Can you tackle the local terrain, explore the natural wonders we have here on our doorstep or get up close and personal with some local wildlife? All whilst having great fun, learning a little more about the beautiful place you live, and making great memories.



CODE 11

Lead Teacher: Mrs Scott-Hammond

