



**Need** ● ● ●  
**toKNOW**  
LOOE COMMUNITY ACADEMY

Year 7  
Autumn 1

*Be the*  
**BEST**  
*you can be*



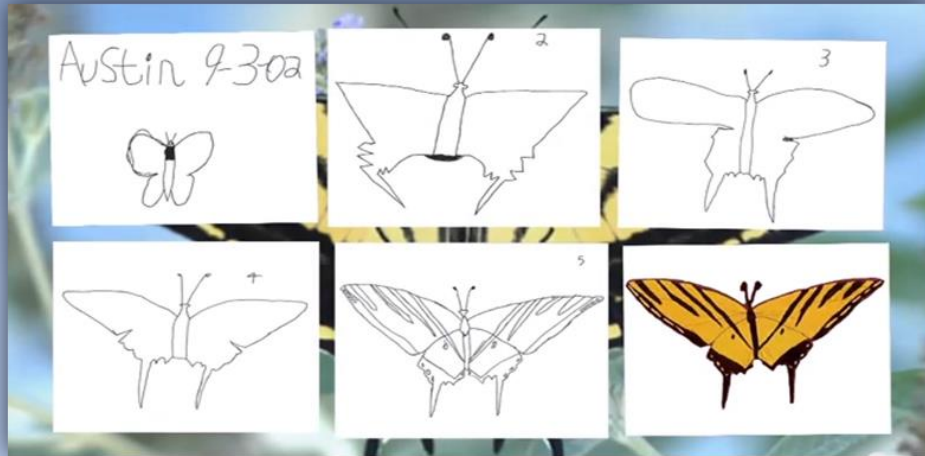


# Need to KNOW

LOOE COMMUNITY ACADEMY

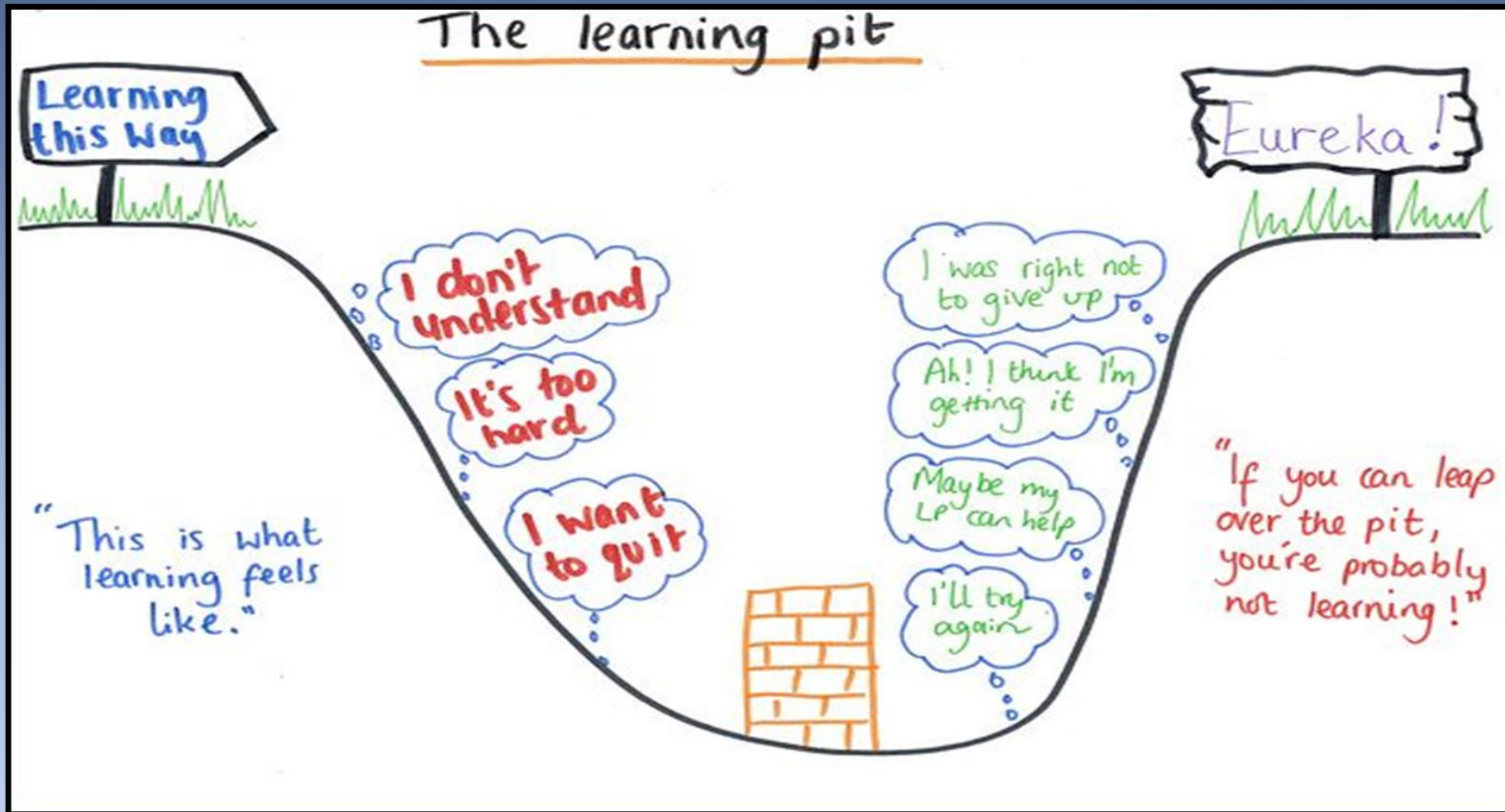
To become an **expert learner** you need to have the right mindset and understand the **'Power of YET'**!

Check out Austin's butterfly picture below and learn how he seeks feedback to improve his work to achieve the most amazing results!





The Learning Pit is a picture to help you remember that you are constantly going to be challenged and confused when you learn something new, but it's about knowing what to do in order to overcome these challenges to get to the other side of the pit!



1

## Magnificent Metacognition



### Plan

Is this similar to a previous task?  
What do I want to achieve?  
What should I do first?

### Monitor

Am I on the right track?  
What can I do differently?  
How can I ask for help?

### Evaluate

What worked well?  
What could I have done better?  
Can I apply this to other situations?

2

## Marvellous Memory



My memory and learning improves when I learn through spaced, retrieval, interleaved, elaborated, and use of concrete examples in practice.

I must use the best learning strategies above when using my 'Need to Know' to complete pre and post learning tasks.

During lessons I am a responsible Lead Learner, I teach my self and peers through mini tests, flashcards and look/cover/write/check/review, this help me and my peers learn quickly.

3

## Love My Learning



I have a growth mindset and believe I can be as SMART as I want to be! My brain is a muscle and it will growth bigger with the amount of effort I put into practice.

I seek feedback and enjoy acting on it. I see 'EBI' and 'T' from my teachers / peers as opportunities to improve, by acting on feedback I experience success as a learner.

I can be my own teacher and can articulate what I am learning and why. I know my mastery goals and I seek errors as opportunities. I aspire to challenges and have no fear of failure!

4

## Literacy for Life



Every hour I read is an hour improving my writing. Time is worth investing in my books and Accelerated Reader.

I always check my grammar, spelling and punctuation, this will help me to achieve the highest SPAG marks in my GCSE exams.

Practicing my reading skills and literacy will improve choice in job/career prospects. Success is when preparation makes opportunity and when practice makes permanent!

I NEED TO KNOW:

**What a positive relationship is.**

Different types of relationships and what features they have that makes them positive and how this can be impacted by social media and the online world

**Frenemies:** People that pretend to be your friend, but don't act the way genuine friends do.

**Toxic Friendship Groups:** a group of friends you may not like, but you are scared about what could happen if you try to leave the group.

**Genuine friendships:** These last for years as they are based on mutual respect and are people who make each other feel good about themselves.

**Banter** – a type of teasing which although usually friendly, easily turns into something people can take offensively.

**Cyber bully**– a person of any age who harasses you online.

**Paedophile** – an older person who has sexual feelings towards children

**Domestic abuse** – unwanted harassment, physical contact or constant shouting at a partner or family member to make them feel bad.

**Family** – A group of close people, usually related, who choose to live together as a unit. There are many different types of family.

**Marriage** – a traditional, legally recognised union between a couple.

**Civil Partnership** – a legally recognised, same-sex partnership.

**Dopamine** – a very powerful chemical released when you are 'in love' that makes you happy and excited to be around the person you fancy. **Infatuation** – being so in love with someone that they are all you can think about and talk about. This stage doesn't last more than a few weeks usually.

**Fake News** – Inaccurate, fake and fictional stories created by unscrupulous authors to trick the public into believing they are true.

**Critical Thinking** – Using our intelligence to look at a variety of sources before we make up our minds, taking in and considering as many facts (with evidence) as possible.

**Trolls** – People who use the internet in order to harass people, create confusion or mislead people for their own amusement.



## I NEED TO KNOW:

# Number Skills; Factors, Multiples, and Primes; Indices

**What do I need to be able to do?**  
 You should be able to

- Understand properties of addition and subtraction
- Understand properties of multiplication and division
- Use formal methods of addition and subtraction for integers
- Use formal methods of multiplication and division for integers
- Add and subtract directed numbers
- Multiply and divide directed numbers
- Understand and use order of operations with positive and negative integers

## NUMBER SKILLS

### Key Words

- Commutative:** changing the order of operations does not change the result
- Associative:** when you add or multiply you can do so regardless of how the numbers are grouped
- Inverse:** the operation that undoes what was done by the previous operation
- Subtract:** taking away one number from another
- Negative:** a value less than zero
- Debit:** money that leaves a bank account
- Credit:** money that goes into a bank account
- Integer:** a whole number
- Product:** multiply terms
- Operation:** a mathematical process

### Addition


**Addition is commutative**  
 $2 + 4 = 4 + 2$

**Addition is associative**  
 $6 + (3 + 4) = (6 + 3) + 4$


**Formal written method**

H	T	U	
3	4	2	
+	1	4	9
4	9	1	

**Bar models**



**Part/whole diagrams**



### Subtraction

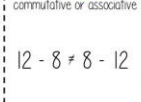
**Subtraction is NOT commutative or associative**

$12 - 8 \neq 8 - 12$

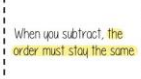
**Formal written method**

H	T	U	
5	3	2	
-	2	1	6
3	1	6	

**Bar models**



**Part/whole diagrams**



### Written Methods for Multiplication

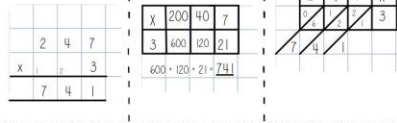
**LONG MULTIPLICATION**

2	4	7
x	1	3
7	4	1

**GRID METHOD**

x	200	40	7
3	600	120	21
600	120	21	741

**GELOSIA**



### Calculations with Directed Numbers

**ADDITION**  
 $2 + 3 = 5$

**SUBTRACTION**  
 $2 - 3 = -1$

**Generalisation**  
 $2 + (-3) = -1$

**Multiplication**  
 $2 \times -3 = -6$

**Division**  
 $-2 \div -3 = \frac{2}{3}$

**Generalisation**  
 $2 \times -3 = -6$

### Written Methods for Division

**SHORT DIVISION**

6	2	5	2
-	2	4	0
0	1	2	
-	0	1	2
8	8	1	6

**LONG DIVISION**

0	4	2	
6	2	5	2
-	2	4	0
0	1	2	
-	0	1	2
8	8	1	6

### Order of Operations

**Example 1**  
 $(4 \times 7) + 3$   
 This is now  $28 + 3 = 31$

**Example 2**  
 $16 + 4 - 3 \times 4$   
 This is now  $7^2 + 4 - 49 + 3 = 16$

**Example 3**  
 $4 + 8 \times 2 + 12 \div 4$   
 This is now  $7^2 + 4 - 49 + 3 = 16$

**What do I need to be able to do?**  
 You should be able to

- Understand and use factors
- Understand and use multiples
- Recognise prime numbers
- Recognise square/triangular numbers
- Find common factors, including HCF
- Find common multiples, including LCM
- Express a number as the product of its prime factors

## FACTORS, MULTIPLES AND PRIMES

### Key Words

- Multiple:** found by multiplying any number by a positive integer
- Factor:** integers that multiply together to get another number
- Prime:** an integer with only two factors (1 and itself)
- HCF:** The highest common factor of two or more numbers
- LCM:** the lowest common multiple of two or more numbers
- Product:** multiply terms

### Factors

A number can have many factors!

Example: what are the factors of 12?  
 $1 \times 12$   
 $2 \times 6$   
 $3 \times 4$

So the factors of 12 are 1, 2, 3, 4, 6, 12

### How to find factors

Be systematic! Always find your factor pairs and then write them in ascending order. This way you can be sure you've not missed any out!

### Multiples

Eg. What are the multiples of 4?  
 $4 \times 1, 4 \times 2, 4 \times 3, 4 \times 4$  etc.  
 $4, 8, 12, 16, 20$

This list never ends!

### The multiples of a number make up its 'times table'

Is 15 a multiple of 3? **Yes** (5 x 3 = 15)

Is 15 a multiple of 4? **No** (3 x 4 = 12, 4 x 4 = 16)

### Prime Numbers

Always an integer  
 Has only two factors, 1 and itself

Not in any other times tables apart from its own

2 is the smallest, and only even, prime number.  
 1 is not a prime number.

A prime number has 2 factors, 1 and itself. It only has 1 factor (itself) therefore it isn't prime!

### Table of Prime Numbers

2	3	4	5	6	7	8	9	10	
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

### Square Numbers

1, 4, 9, 16, 25, 36, 49, 64, 81, 100, 121, 144, 169, 196, 225

Square numbers have an odd number of factors

### Triangular Numbers

1, 3, 6, 10, 15, 21, 28, 36, 45, 55, 66, 78, 91, 105, 120

If you add two consecutive triangular numbers, you get a square number!

### Product of Prime Factors

Example 1: Write 12 as a product of its prime factors

Example 2: Write 180 as a product of its prime factors

### Lowest Common Multiple (LCM)

Example 1: What is the LCM of 6 and 8?  
 $6 = 2 \times 3$   
 $8 = 2^3$   
 LCM =  $2^3 \times 3 = 24$

Example 2: What is the LCM of 6 and 9?  
 $6 = 2 \times 3$   
 $9 = 3^2$   
 LCM =  $2 \times 3^2 = 18$

### Highest Common Factor (HCF)

Example 1: What is the HCF of 6 and 8?  
 $6 = 2 \times 3$   
 $8 = 2^3$   
 HCF = 2

Example 2: What is the HCF of 6 and 9?  
 $6 = 2 \times 3$   
 $9 = 3^2$   
 HCF = 3

**What do I need to be able to do?**  
 You should be able to

- Add/subtract with indices
- Multiply expressions with indices
- Divide expressions with indices
- Know the addition law for indices
- Know the subtraction law for indices
- Be familiar with the key results
- Work with negative exponents
- HIGHER TIER ONLY**  
 Work with fractional exponents

## INDICES

### Key Words

- Base:** the number that gets multiplied by a power
- Power:** the number of times the number is used in a multiplication
- Exponent:** power (see above)
- Index:** power (see above)
- Coefficient:** a number used to multiply a variable
- Variable:** a letter which represents an unknown number
- Commutative:** changing the order of the operations doesn't change the result

### Addition Law for Indices

$a^m \times a^n = a^{m+n}$

Examples:  
 $2^2 \times 2^3 = 2 \times 2 \times 2 \times 2 \times 2 = 2^5$

### Subtraction Law for Indices

$a^m \div a^n = a^{m-n}$

Examples:  
 $5^3 \div 5^2 = \frac{5 \times 5 \times 5}{5 \times 5} = 5^1 = 5$

### Further Examples

$4w \times 5z = 4 \times 5 \times w \times z = 20wz$

$3a \times 4a \times 2a = 3 \times 4 \times 2 \times a \times a \times a = 24a^3$

$3(1^2)^2 \times 1^3 \times 1^3 = 3 \times 1 \times 1 \times 1 \times 1 \times 1 = 3$

### Spotting Patterns

$2^3 = 2 \times 2 \times 2 = 8$

$2^2 = 2 \times 2 = 4$

$2^1 = 2$

$2^0 = 1$

$2^{-1} = \frac{1}{2}$

$2^{-2} = \frac{1}{4}$

$2^{-3} = \frac{1}{8}$

### Fractional Indices

$a^{\frac{m}{n}} = \sqrt[n]{a^m}$

Examples:  
 $25^{\frac{1}{2}} = \sqrt{25} = 5$   
 $8^{\frac{1}{3}} = \sqrt[3]{8} = 2$

### Square and Cube Numbers

When working with indices, it is helpful to know your square and cube numbers!

**SQUARE NUMBERS:** 1, 4, 9, 16, 25, 36, 49, 64, 81, 100, 121, 144, 169, 196, 225

**CUBE NUMBERS:** 1, 8, 27, 81, 125, 216, 343, 512

### Key Things to Remember

$a^m \times a^n = a^{m+n}$

$a^m \div a^n = a^{m-n}$

$a^0 = 1$

$a^{-m} = \frac{1}{a^m}$

$a^{\frac{m}{n}} = \sqrt[n]{a^m}$

### Negative Fractional Indices

$a^{-\frac{m}{n}} = \frac{1}{\sqrt[n]{a^m}}$

Example 1:  
 $8^{-\frac{1}{3}} = \frac{1}{\sqrt[3]{8}} = \frac{1}{2}$

Example 2:  
 $(32)^{-\frac{1}{5}} = \frac{1}{\sqrt[5]{32}} = \frac{1}{2}$

### Example 3

$(343x)^{\frac{2}{3}} = x^2$

$(7x)^{-2} = \frac{1}{49x^2}$

### Higher Tier Only

$a^{\frac{m}{n}} = \sqrt[n]{a^m}$

$a^{-\frac{m}{n}} = \frac{1}{\sqrt[n]{a^m}}$

I NEED TO KNOW:

How to describe using effective language and punctuation.  
How writers choose language to create an effect on the reader.

**Week 1**

**What's it all about?**

When you describe, do not tell a story. Do not use characters or action, just focus on **the senses: what you can see, hear, smell, touch and taste.**

Use interesting words and techniques to engage the reader by creating clear pictures in their head.

**Week 2**

Do you know the meanings of these words? Can you use them in your writing?

- |                   |                  |
|-------------------|------------------|
| adjective         | imagery          |
| verb              | simile           |
| noun              | metaphor         |
| connective        | personification  |
| complex sentence  | pathetic fallacy |
| simple sentence   | onomatopoeia     |
| compound sentence | symbolism        |
| connotation       |                  |

**Week 3**

How many types of punctuation can you use accurately?

- , ‘ ? “ ”  
: ; - ( ) !

**Week 4**

**TARGET:** Be more adventurous with your vocabulary. **Keep learning new words and don't be afraid to use them – take risks!**

- Adjectives:**  
polychromatic  
beguiling  
intoxicating  
  
sultry  
  
ephemeral  
oppressive

- Verbs:**  
sabotage  
recuperate  
ooze  
  
lambaste  
  
forage  
fabricate

**Week 5**

**Remember to vary the ways you start sentences:**

- 1) **With an adverb:** Quietly, the woman hobbled towards...
- 2) **With a simile:** As white as ghost, the woman started to...
- 3) **With a time connective:** Meanwhile, I tried to speak to...
- 4) **With a word ending in 'ed':** Terrified, she crouched behind...
- 5) **With a verb:** Crying, the woman...

**Week 6**

**Paragraphing**

- Ti= time  
P= place  
To= topic  
P= person

I NEED TO KNOW:

- 1) The different stages in a scientific investigation
- 2) What a cell is including its structure, how to use a microscope, examples of specialised cells and how material is transported in and out of cells
- 3) Hierarchy of organisation in multicellular organisms, the process of breathing and gas exchange, the structure of the skeleton and how muscles work

## HOW SCIENCE WORKS

BBC BITESIZE: <https://shorturl.at/cmwX7>

YOUTUBE: [Scientific Variables – YouTube](https://www.youtube.com/watch?v=qAJ8IF4HI20) & <https://www.youtube.com/watch?v=qAJ8IF4HI20>

### SECTION 1- ASKING SCIENTIFIC QUESTIONS

You need to know: How scientists develop questions and identify variables

Learn the meanings of independent, dependent and control variables

<b>Independent variable</b>	<i>The variable you change in an investigation</i>
<b>Dependent variable</b>	<i>The variable you measure in an investigation</i>
<b>Control Variable</b>	<i>The variables kept constant in an investigation</i>

### SECTION 2- PLANNING INVESTIGATIONS

You need to know: How to write a scientific plan, risk assessment & what makes data accurate & precise

#### Preparation

Find out what a plan should include

<b>Accurate</b>	<i>Data that is close to the true value</i>
<b>Precise</b>	<i>Set of repeat measurements that are close together</i>
<b>Reproducible</b>	<i>Other people can carry out an investigation and get similar results</i>

### SECTION 3- RECORDING DATA

You need to know: How to make & record observations, present data & calculate mean averages

Research the similarities & difference between line and bar graphs

<b>Mean</b>	<i>Average set of data found by adding all the values together and dividing by the number of sets of data</i>
<b>Continuous</b>	<i>A variable that has values that can be any number</i>
<b>Discrete</b>	<i>A variable that can only have whole number values</i>

### SECTION 4- ANALYSING DATA

You need to know: Identify patterns in data and draw conclusions

Find out what a line of best fit is and how to draw one

<b>Analyse</b>	<i>A process of looking at data and writing about what you have found out</i>
<b>Line of best fit</b>	<i>Smooth line on a graph that travels as close to as many points as possible</i>
<b>Conclusion</b>	<i>What you have found out in an investigation</i>

### SECTION 5- EVALUATING DATA

You need to know: Describe stages of evaluating data & suggest ways to improve investigation

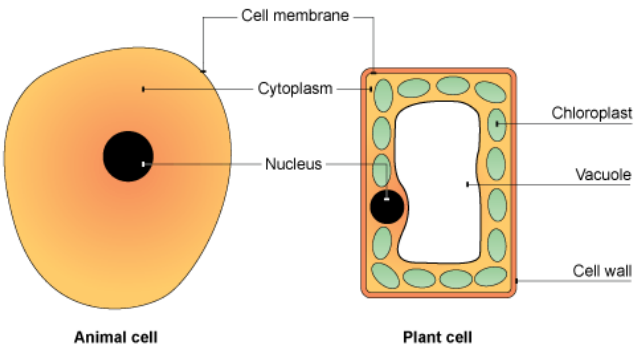
Research the different types of errors that can occur in investigations

<b>Evaluate</b>	<i>Looking at the quality of data and suggesting improvements</i>
<b>Error</b>	<i>Difference between the obtained and true value of data</i>
<b>Uncertainty</b>	<i>Doubt in the result because of the way a measurement was made</i>

### SECTION 1- TYPES OF CELLS

You need to know: What the structures found in cells do, how to use a microscope & examples of specialised cells

<b>Preparation</b>	Learn the basic structure of animal & plant cells
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### SECTION 2- MOVEMENT OF SUBSTANCES

You need to know: How substances move in and out of cells by diffusion

<b>Preparation</b>	Research what substances move in and out of cells	
<b>Terminology</b>	<b>Diffusion</b>	<i>Movement of particles from a high to a low concentration</i>
	<b>Concentration</b>	<i>A measure of the number of particles in a volume</i>
	<b>Concentration gradient</b>	<i>Difference between two areas of concentration</i>

BBC BITESIZE: <https://shorturl.at/nGRX7>  
[https://www.youtube.com/watch?v=fC66AEzP\\_0M](https://www.youtube.com/watch?v=fC66AEzP_0M) & <https://www.youtube.com/watch?v=u7IN7HTWzLs>

### SECTION 3- UNICELLULAR ORGANISMS

You need to know: What a unicellular organism is & the structures of amoeba & euglena

<b>Preparation</b>	Find out what amoeba & euglena are & where they live	
<b>Terminology</b>	<b>Unicellular</b>	<i>Consisting of just one cell</i>
	<b>Amoeba</b>	<i>A unicellular organism</i>
	<b>Flagellum</b>	<i>Tail-like structure that allows euglenas to move</i>

### SECTION 1- LEVELS OF ORGANISATION

You need to know: What the structures found in cells do, how to use a microscope & examples of specialised cells

<b>Preparation</b>	Learn the basic structure of animal & plant cells	
<b>Terminology</b>	<b>Tissue</b>	<i>Smallest functional unit of an organism- the building blocks of life</i>
	<b>Organ</b>	<i>The cell component that contains genetic material</i>

### SECTION 2- BREATHING & GAS EXCHANGE

You need to know: How substances move in and out of cells by diffusion

<b>Preparation</b>	Research what substances move in and out of cells	
<b>Terminology</b>	<b>Gas exchange</b>	<i>Movement of particles from a high to a low concentration</i>
	<b>Respiratory system</b>	<i>A measure of the number of particles in a volume</i>

BBC BITESIZE: <https://shorturl.at/ryWZ2>  
[https://www.youtube.com/watch?v=fC66AEzP\\_0M](https://www.youtube.com/watch?v=fC66AEzP_0M) & <https://www.youtube.com/watch?v=u7IN7HTWzLs>

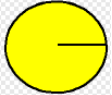



### SECTION 3- THE SKELETON

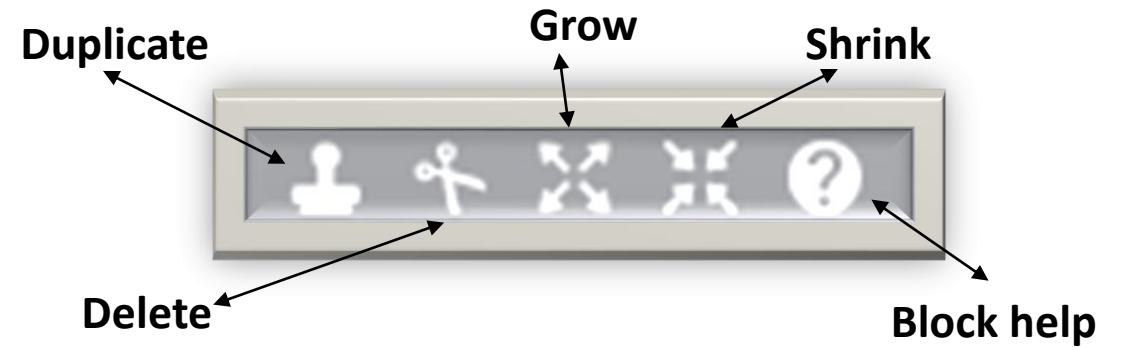
You need to know: What a unicellular organism is & the structures of amoeba & euglena

<b>Preparation</b>	Find out what amoeba & euglena are & where they live	
<b>Terminology</b>	<b>Tendon</b>	<i>Tail-like structure that allows euglenas to move</i>
	<b>Cartilage</b>	<i>A unicellular organism</i>

**I NEED TO KNOW:**

How to create basic computer games using the Scratch programming language. You can practice your work at home by visiting the following website: <https://scratch.mit.edu/>

Scratch terms		
KEY WORD/CONCEPT	DEFINITION/EXPLANATION	EXAMPLE
<b>Sprite</b>	a computer graphic that can be used within a computer game	
<b>Costume</b>	each sprite can have many costumes which displays the sprite in a different way	
<b>Backdrop</b>	this is the main stage area of a game	
<b>Script</b>	each sprite or backdrop can be programmed to do something. This is called a script.	



I NEED TO KNOW:

Different techniques used within Fashion & Textiles



**DON'T SAY  
NOTHING**

Anthony Burrill

Graphic artist Anthony Burrill combines a knack for simplicity that packs a punch with analogue craft skills and powerful, positive messages. Burrill frequently collaborates with other forward-thinking creatives across disciplines spanning music, architecture, curation, education and more; pushing his traditional discipline of choice, letterpress printing, into bold new territories.

Words, gentle humour, no-nonsense communication and people are at the heart of Burrill's practice and his distinctive brand of upbeat messaging: its core DNA is one created through a longstanding passion for creativity without limitations.



Batik

Batik is an Indonesian technique of wax-resist dyeing applied to the whole cloth.

This technique originated from the island of Java, Indonesia. Batik is made either by drawing dots and lines of the resist with a spouted tool called a canting, or by printing the resist with a copper stamp called a cap.

The applied wax resists dyes and therefore allows the artisan to colour selectively by soaking the cloth in one colour, removing the wax with boiling water, and repeating if multiple colours are desired.



Laser Cutting

Laser cutting is a manufacturing process that uses a high-powered laser beam to cut through various materials with exceptional precision. It is commonly used for cutting materials such as metal, wood, plastic, fabric, acrylic, and more.

Laser cutting offers several advantages over traditional cutting methods. It provides high precision, accuracy, and intricate detailing. The non-contact nature of the process minimizes material distortion and reduces the risk of damage. Laser cutting is also fast, efficient, and can easily accommodate changes in designs.



Hemming

Hemming is a sewing technique used to finish the edges of fabric to prevent unraveling and create a neat, clean edge. It involves folding the raw edge of the fabric over and sewing it in place.

Hemming is a crucial step in garment construction. It is used to finish the hems of skirts, dresses, trousers, sleeves, and other clothing items. The type of hem used can vary depending on the fabric weight, garment style, and desired look.

There are several types of hems that can be used depending on the desired finish and fabric type. Common types include single-fold hem, double-fold hem, rolled hem, and bias hem.

Using the four Cs in food hygiene to prevent food poisoning

I NEED TO KNOW: To work safely in a kitchen and to prevent ill health.



The importance of being prepared for practical lessons and why

## Personal Hygiene

- ✓ Hair should be properly tucked inside the cap
- ✓ No earring or necklace/chains
- ✓ No outer pockets
- ✓ Wear neat and clean clothes
- ✓ No wrist watch/rings
- ✓ Cover all wounds
- ✓ Nails should be short and clean
- ✓ Torn clothes should be repaired or replaced
- ✓ Wear clogs and safety shoes
- ✗ Hair coming outside the cap
- ✗ Earring and necklace/chains
- ✗ Outer pocket and contents
- ✗ Dirty clothes
- ✗ Wrist watch/rings
- ✗ Open and bleeding wounds
- ✗ Long and painted nails
- ✗ Torn clothes
- ✗ Bare foot/slippers

SAFE FOOD MAKES HAPPY CUSTOMERS

The importance of reflecting on the government guidelines for healthy eating. How do we fuel our bodies so that we can function physically and mentally

## Eatwell Guide

Check the label on packaged foods

Energy	Fat	Saturated Fat	Salt
1000kJ	3.0g	1.5g	0.9g
200kcal	Low	Low	Low
13%	63%	7%	15%

of an adult's reference intake  
 Typical values (as sold) per 100g/ 697kJ/ 167kcal  
 Choose foods lower in fat, salt and sugars

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Water, lower fat milk, sugar-free drinks including tea and coffee all count. Limit fruit juice and/or smoothies to a total of 150ml a day.

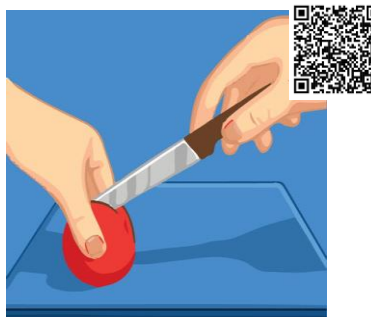
Choose unsaturated oils and use in small amounts

Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS



Claw Grip

Bridge Hold



Source: Public Health England in association with the Welsh Government, Food Standards Scotland and the Food Standards Agency in Northern Ireland. © Crown copyright 2016



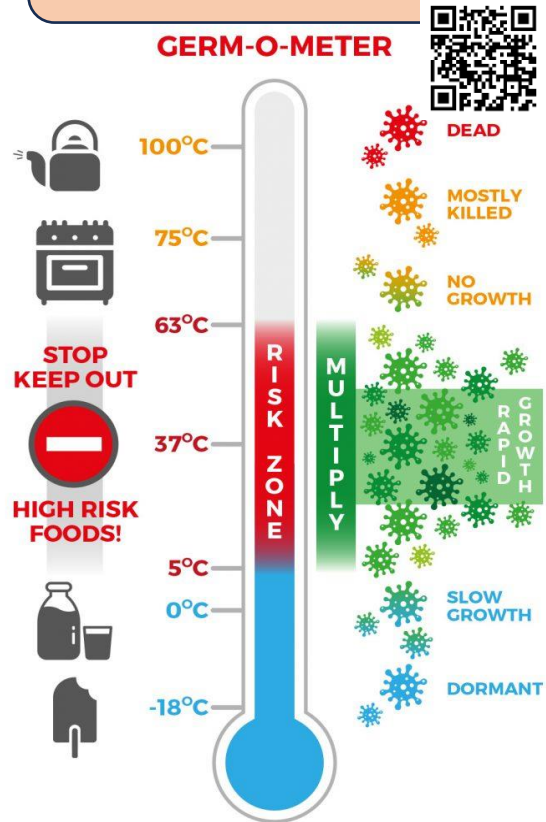
How to wash up



I NEED TO KNOW:

Temperatures to prevent food poisoning. Understanding key equipment and utensil names.  
 How to wash up. Evaluating my practical.

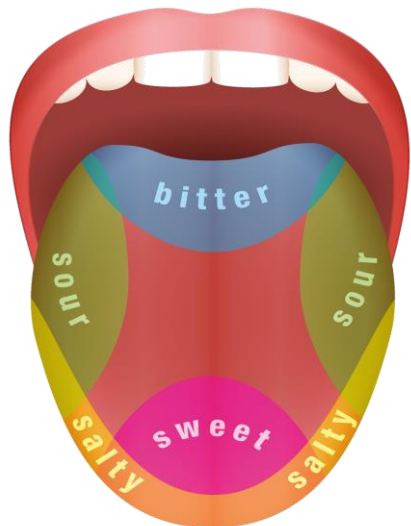
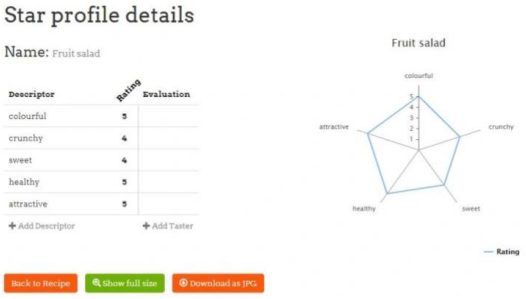
Important temperatures to avoid bacteria growth



Key equipment and utensil names in the kitchen

Food skill	Food skill	Food skill	Food skill	Food skill
Bake	Fry and sauté	Portion / divide		
Beat	Glaze and coat	Prove		
Blitz, puree and blend	Grate	Roast		
Casserole	Grill	Roll-out		
Chill	Juice	Rub-in		
Core	Knead	Sift		
Cream	Layer	Snip		
Crush	Mash	Spread		
Cut out	Measure	Stir-try		
Cut, chop, slice, dice and trim	Melt, simmer and boil	Weigh		
Decorate and garnish	Microwave	Whisk		
Drain	Mix, stir and combine	Zest		

Sensory Analysis



	Tasting vocabulary (sensory attributes)		
Sight	Bubbling	Flaky	Opaque
	Caramelised	Firm	Smooth
	Clear	Heavy	Solid
	Coarse	Icy	Steaming
	Crumbly	Juicy	Sticky
	Dry	Moist	Thick
Smell	Acidic	Fresh	Spicy
	Aromatic	Meaty	Strong
	Bland	Mild	Sweet
	Citrus	Pungent	Tart
	Earthy	Savoury	Weak
	Fragrant	Smoky	Zesty
Sound	Brittle	Crisp	Pop
	Crackle	Crunch	Sizzle
Taste	Bitter	Rich	Strong
	Bland	Salty	Sweet
	Floury	Savoury	Tangy
	Hot	Smoky	Tart
	Mild	Sour	Umami
	Piquant	Spicy	Zesty
Touch	Brittle	Dry	Short
	Bubbly	Goosey	Soft
	Chewy	Granular	Solid
	Close	Greasy	Tacky
	Cloying	Moist	Tender
	Coarse	Open	Waxy

I NEED TO KNOW:

Different joints and how to make them, how to produce 2D drawings, how to safely use different tools

MATERIAL	DEFINITION
Pine	A light coloured softwood with an attractive grain that come from an evergreen tree
Hardboard	Thin board made from wood pulp that is used on the bottom of boxes, drawers and the back of cupboards
Medium Density Fibreboard (MDF)	Board also made from wood pulp than can be thin but also come in a wide variety of other thicknesses
Acrylic	A thermoplastic used for the lid of our boxes
PVA	The best glue to use when gluing wood to wood.



KEY WORD	DEFINITION
Millimetres	A small unit of measurement which enables you to be very accurate
Measurements	A distance between two points
Try square	A tool used to mark a right angle
Coping saw	A saw with a thin blade that allows you to cut curves
Tenon saw	A saw with a thick blade which allows you to cut straight lines
Bench hook	A support that fixes into a vice to help you hold work when cutting
Vice	A clamp fixed to a bench

MACHINERY	DESCRIPTION
Fret Saw	An electronic saw
Disk sander	A disc that rotates with glass paper fixed onto the front
Dust extractor	A large unit that help remove dust that has been created by sanding
Laser cutter	A machine that uses a laser to cut and engrave onto materials

I NEED TO KNOW:

Use this sheet to prepare for each lesson and understand the key terminology that you will be learning throughout this topic beforehand. It is recommended that you prepare yourself for each lesson by looking over the information below and develop your skills so that you're prepared. You can also read about the inspirations and influences for this topic to get more information. The project will develop your knowledge in the key concepts and skills needed for art to take you through to key stage 4 and beyond.

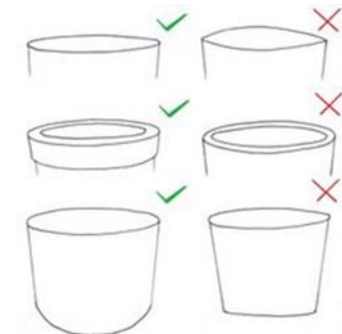
KEY WORDS	
<b>SHAPE</b>	An element of art that is two-dimensional, flat, or limited to height and width.
<b>FORM</b>	Connotes something that is three-dimensional and encloses volume, having length, width, and height.
<b>SCALE</b>	The relative size of something.
<b>PROPORTION</b>	Ensuring the correct size of objects/things in a picture in comparison to each other.
<b>PRIMARY COLOURS</b>	These colours cannot be created by mixing any other colours. Primary colours form the basis for colour mixing.
<b>SECONDARY COLOURS</b>	A colour resulting from the mixing of two primary colours.
<b>PATTERN</b>	A repeating unit of shape or form.
<b>TONE</b>	The visual element of <b>tone</b> defines the lightness or darkness of a colour.
<b>STILL LIFE</b>	A painting or drawing of an arrangement of objects, typically including fruit and flowers and objects contrasting with these in texture, such as bowls and glassware.
<b>TERTIARY COLOURS</b>	The resulting colour formed when an equal amount of a primary and a secondary <b>colour</b> are mixed.
<b>COLOUR WHEEL</b>	A circle with different coloured sections used to show the relationship between colours.
<b>SPATIAL RECEPTION</b>	Includes Foreground, Middle-ground and Background. The further away the object the higher up on the picture plain it will be.

LESSON	PREPARATION TASK & HELPFUL LINKS
1 & 2	Look at what makes a good still life drawing
3 & 4	Research the art of Giorgio Morandi
5 & 6	Research the colour wheel and the colour relationships.
7 & 8	Look at how to apply different shades in colour.
9 & 10	What are the hot and cold colours?
11 & 12	Look into word association with colours.
	Look up and practise how to draw an ellipse



**KEY CONCEPTS**

- Visual Accuracy
- Visual Analysis



**I NEED TO KNOW:**

An exploration of various dance styles from around the global you will learn new movements , ways of working and have a better appreciation of different cultures.

<p><b>WK 1 &amp; 2</b></p>	<p><u>Capoeira</u> Looking at the importance of warming up correctly for Dance and other sporting activities. You will be introduced to Capoeira through discussions, watching video clips and exploring the style in a practical way</p>
<p><b>WK 3 &amp; 4</b></p>	<p><u>Perform and appreciate</u> Perform your completed choreography to another group. Using dance terminology to provide supportive and constructive feedback to each other and recognise own successes and areas to develop</p>
<p><b>WK 5 &amp; 6</b></p>	<p><u>Indian Dancing</u> Appreciate and understand the origins and characteristics of Indian dance Use Indian dance as a stimulus to create a duet and apply the characteristics of Indian dance within your choreography, performing gestures and footwork. Develop your group choreography, using some patterns and formations to seamlessly transition between each section in your dance. <u>Perform and appreciate</u> Perform your completed choreography to another group. Using dance terminology to provide supportive and constructive feedback to each other and recognise own successes and areas to develop</p>

KEY WORDS	DEFINITION/EXPLANATION
<b>Unison</b>	<i>Performing the same movement at the same time</i>
<b>Canon</b>	<i>Performing movements one after another</i>
<b>Mirroring</b>	<i>Performing movements opposite to a partner</i>
<b>Contact</b>	<i>Supporting or lifting another dancer or object</i>
<b>Action</b>	<i>Key movements</i>
<b>Space</b>	<i>Movement performed on the stage</i>
<b>Dynamics</b>	<i>How the movement is performed</i>
<b>Relationships</b>	<i>Dancing with others</i>

**I NEED TO KNOW:**

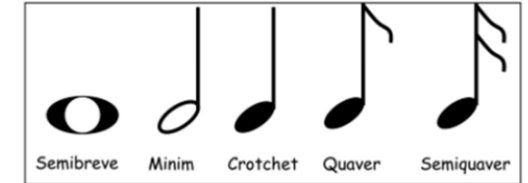
An introduction to music through discovery of rhythm, pulse and pitch

**KEYWORDS**

<b>Duration</b>	How long a note lasts for
<b>Pitch</b>	How high or low a note is
<b>Tempo</b>	How fast or slow a note is
<b>Dynamics</b>	How loud or quiet the music is
<b>Timbre</b>	The quality of sound
<b>Texture</b>	How thick or thin the music is
<b>Structure</b>	How the sections of music are laid out e.g. chorus, verse etc.
<b>Silence</b>	When the instruments stop playing

<b>WEEK 1 &amp; 2</b>	<p><b>Base level assessment</b> What do you listen to? How does music make you feel? What instruments can you play?</p> <p><b>Discover Pulse</b> Through listening tasks, tap, clap the pulse of a played piece of music</p>
<b>WEEK 3 &amp; 4</b>	<p><b>Rhythms</b> Develop knowledge of various and construct own rhythm patterns to perform in small groups. Body percussion tasks. Try this at home for practice <a href="https://www.youtube.com/watch?v=SGp3EHmGLH8">https://www.youtube.com/watch?v=SGp3EHmGLH8</a></p>
<b>WEEK 5 &amp; 6</b>	<p><b>Pitch</b> Increase your knowledge of the pitch and placement of notes when written on a STAFF. A staff are the 5 lines and spaces that we write music on. Compose on melody (tune)</p>

**NOTE VALUES**



**NOTE AND REST DURATION CHART**

NOTES (SOUNDING)	TYPE AND VALUE	RESTS (SILENT)
	Whole (4 Beats)	
	Half (2 Beats)	
	Quarter (1 Beat)	
	Eighth (1/2 Beat)	
	Sixteenth (1/4 Beat)	



NOTES on STAFF

Use this sheet to understand the key terminology that you will be learning. It is recommended that you prepare yourself for each lesson by looking over the information below. This project will develop your skills using the key areas of – EXPLORE, EXPRESS and EVALUATE.

I NEED TO KNOW:

KEY WORDS & CONCEPTS	
<b>Facial Expressions</b>	Any movement in the face that shows emotion. For example, lowering the eyebrows in confusion or forming an 'O' with your mouth for surprise.
<b>Body Language</b>	How you hold and move your body can show your feelings. For example, if you fold your arms, it can look aggressive and like you are angry.
<b>Still Image</b>	Like you are a photograph frozen in that exact moment. Sometimes also called a FREEZE FRAME.
<b>Thought Track</b>	We often hide our real feelings in different situations, but a THOUGHT TRACK allows a character to share their real thoughts <u>out loud</u> with the audience.

**Second World War evacuation-** Many children living in big cities (like London) were temporarily moved to the countryside, which were considered to be safer. The British evacuation began on Friday 1<sup>st</sup> September 1939. It was known as 'Operation Pied Piper'.



WEEK	PREPARATION TASKS & HELPFUL LINKS
1 & 2	<p>Think what sort of character you might be in a World War 2 evacuation re-enactment.</p> <p>A) Scared and worried. B) Excited for a new adventure. C) Pretending to be excited but really deep down you are scared.</p> <p>*Background information: <a href="https://www.iwm.org.uk/history/the-evacuated-children-of-the-second-world-war">https://www.iwm.org.uk/history/the-evacuated-children-of-the-second-world-war</a> <a href="https://t.ly/OOb4p">https://t.ly/OOb4p</a></p>
WEEK 3 & 4	<p>Think what would be more interesting to show an audience? A play with a FLASHBACK, SPLITSCENE or a FLASHFORWARD. How could you present this transition?</p> <p>*<a href="https://www.k12reader.com/term/flashback-and-flash-forward/">https://www.k12reader.com/term/flashback-and-flash-forward/</a> <a href="https://t.ly/1lcUA">https://t.ly/1lcUA</a></p>
WEEK 5 & 6	<p>Think about what your character might be thinking deep down? Would it be very different to what they say out loud?</p> <p>*Evacuees stories: <a href="https://www.timewitnesses.org/evacuees/list.html">https://www.timewitnesses.org/evacuees/list.html</a> <a href="https://t.ly/fwOvN">https://t.ly/fwOvN</a></p>

By the end of this term, you will develop fundamental motor competence, walking, hopping, running, jumping throwing, skipping and galloping.  
Understand 3Rs – Respect, resilience, and responsibility.

I NEED TO KNOW:

FUNDAMENTALS		
<b>Warm ups</b>	Pulse Raiser Static and dynamic stretches	
<b>How to prepare for exercise</b>	<b>Pulse raiser</b>	<i>Heart rates</i>
	<b>Dynamic stretches</b>	<i>Stretches on the move</i>
	<b>Static stretches</b>	<i>Stretches standing still</i>
	<b>Mental</b>	<i>Preparing mindset for the activity</i>

FUNDAMENTALS		
<b>Learning to move</b>	Effective movements for rugby and netball	
<b>Fundamental Movements</b>	<b>Running</b>	<i>Jogging, running, and sprinting</i>
	<b>Jumping</b>	<i>For height and distance</i>
	<b>Sidestepping</b>	<i>Travelling to right and left</i>
	<b>Throwing</b>	<i>Over and underarm</i>

FUNDAMENTALS		
<b>Moving to learn</b>	Effective movement in Rugby and netball	
<b>Fundamental movements applied</b>	<b>Catching</b>	<i>One and two handed</i>
	<b>Passing</b>	<i>Accuracy, consistency and power.</i>
	<b>Intercepting</b>	<i>Timing</i>
	<b>Keeping possession</b>	<i>Teamwork</i>

Respect Resilience Responsibility		
<b>Baseline testing</b>	Know what testing is and how to be resilient Respect the results of themselves and others Carry out tests responsibly	
<b>3Rs</b>	<b>Respect</b>	<i>Each other, environment, themselves</i>
	<b>Resilience</b>	<i>Staying on tasks</i>
	<b>Responsibility</b>	<i>PE kit equipment to be the best</i>

Effective teams and sportsman ship		
<b>Invasion Games</b>	Invade opponent's territory and score a goal or point.	
<b>Football Rugby</b>	<b>Attacking skills</b>	<i>Passing and moving, shooting</i>
	<b>Defending skills</b>	<i>Marking tackling</i>
	<b>Working with others</b>	<i>Being part of a team</i>
	<b>Fair play</b>	<i>Respecting rules and decisions</i>

Positive attitudes and behaviour		
<b>Healthy active lifestyle</b>	Understand how being physically active can benefit physical, mental and social wellbeing	
<b>Gymnastics and net sports</b>	<b>Mindset</b>	<i>I can't do it yet</i>
	<b>Resilience</b>	<i>Staying on a task</i>
	<b>Value of PE</b>	<i>Healthy mind and body</i>

I NEED TO KNOW:

What geography is, what a geographer does, and what geography skills I need.

**Human and Physical Geography**



- How many of the features on these 2 images can you name?
- What links the features on the 2 images?
- What title could you give these images?



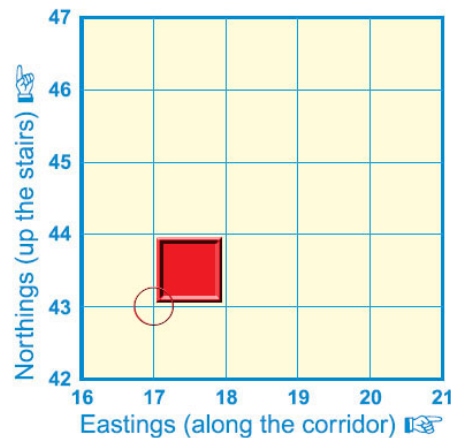
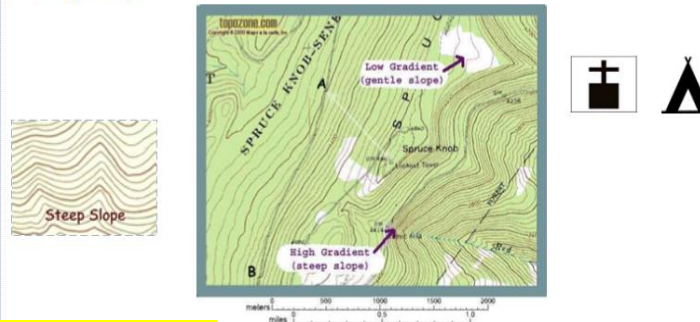
**What is a map?** A map is a two-dimensional(2D) representation of the real world.  
**Why do we need maps?** Because a map is a drawing of the land around us, it helps us to visualize in our minds what we are going to see. Contour lines on the map let us see how steep a hill is, where there are rivers, train lines, pubs and churches - all sorts of things! They help us to know what to expect and help you to arrive at your chosen destination by making sure you are going in the right direction.  
**Who might need to use a map?** PLANNERS who need to decide where a new road or housing estate needs to be built. PIZZA DELIVERIES so that they can quickly get to you whilst the pizza is still hot! TOURISTS trying to find their way. CYCLISTS planning their route for a day out. THE ARMY when planning an attack. Emergency services trying to answer a call to come quickly to your house.

**What are all the different symbols?** When drawing a map, a lot of information is required to show the reader what to expect but there simply is not enough room. The only way to get around this problem is to use different shapes and colours to represent things. E.g church with a tower and campsite.

Contour lines will show how flat/hilly the land is according to how close together they are e.g. or

A contour is a line drawn on a map that joins points of equal height above sea level.

Maps will always have a key to show the meanings of each symbol, so all you have to do is look at the key if you don't recognize a symbol.



The **four-figure grid reference** is always given for the bottom left-hand corner of the square (the South-West corner) and you always write the Eastings before the Northings [Hint: Along the corridor and up the stairs].



## I NEED TO KNOW:

### How the Normans won the Battle of Hastings

#### KEY WORDS- Vocabulary

**Anglo- Norman-** The ruling class in England after 1066. Mainly Normans that had settled in England.

**Baron-** The highest rank of medieval society, ruling land directly on behalf of the King.

**Bayeux Tapestry-** A 70 metre long embroidered cloth depicting William of Normandy's conquest of England.

**Bishop-** A Christian religious man with authority over a large number of priests.

**Civil war-** A war between two sides from the same nation.

**Conquest-** Taking control of a place or people through military force.

**Domesday Book-** A book organised by William the Conqueror detailing the possessions of every village in England.

**Homage-** A pledge of loyalty from a feudal worker to their lord.

**Feudal system-** The structure of medieval society, where land was exchange

**Hereditary-** Passed through a family, from parents to their child.

**Heir-** A person set to inherit property or a title, often used to mean next in line to the throne.

**Housecarls-** The professional bodyguards of Anglo Saxon kings.

**Knight-** Soldiers on horseback who belonged to the nobility.

**Lord-** A general term for a medieval landholder, or a member of the peerage today.

**Monarch-** A royal head of state, can be a king, queen or emperor.

**Motte and Bailey castle-** A simple castle with an artificial hill and a defensive courtyard.

**Noble-** Member of the nobility, with land and titles that passes through the generations.

**Normans-** People from a region in northern France. Who were descended from Viking invaders.

**Peasant-** The lowest member of medieval society.

#### Concept Key words:

**Cause-** The reason why something happens.

**Reason-** A cause, explanation, or justification for an action or event.

#### Key people:

**Edward the Confessor-** An Anglo- Saxon King of England whose death triggered the Norman Invasion.

**Harald Hardrada-** A fierce Viking warrior, who made a claim for the English throne in 1066.

**Harold Godwinson-** The last Anglo-Saxon King of England, who led the Saxons at the Battle of Hastings.

**William, Duke of Normandy-** A French duke who conquered England in 1066.

I NEED TO KNOW:

That everyone has a worldview, even if they are not “religious.”



One dimension is RITUAL.

Religious people have rituals such as praying, bowing, kneeling, dancing.

Do other worldviews have rituals? Mo Salah always prostrates himself when he wants to say thank you on the pitch.

How do we study REW? We use different disciplines to help us learn more about religion	
Sociological lens	Looking at data on how many people belong to a religion
Theological lens	How does religion impact upon people’s lives
Philosophical lens	Do beliefs make sense? Thinking

**World Religion Chart**

Religion/ Symbol	Followers/ Numbers	Principal Figure(s)	Sacred Writings	Beliefs	Where Began	Place/ Day of Worship	Other
Judaism ⬠	Jews About 15 million Followers	Abraham Moses	Torah Hebrew Bible	One God Obedience to God Moral laws Kosher Sabbath Messiah will come	Middle East	Synagogue Temple or Shul Saturday High Holy Days Yom Kippur	Western calendar Rosh Hashanah Passover Candle in Hanukkah Shema Mitzvah Talmud
Christianity ✝	Christians About 2 billion Followers	Jesus Christ Also recognized Abraham & Moses	Bible Old & New Testaments	One God God is the Father and Jesus is the Son Resurrection Second Coming Heaven Hell	Middle East	Church Sunday	Canon Creed Catholicism Protestantism Eastern Orthodoxy
Islam ☾☽	Muslims Over 2 billion Followers	Muhammad	Qur'an	One God Five Pillars Angels Day of Judgment Allah is the only deity Muhammad is His messenger Heaven Hell	Middle East	Mosque Friday	Hadith Shahada Sunnah Islamic Law Jihad Mecca Hajj
Hinduism ॐ	Hindus About 900 million Followers	The Aryans	The Vedas	One God Karma Dharma Moksha Reincarnation Samsara & Karma	India North River valley	Temple (Mandir) Daily	Upanishads Brahma Atman Yoga Vedas Hinduism Dharma Karma Moksha
Buddhism ☸	Buddhists About 300 million Followers	Gotama Buddha (aka Siddhartha)	Tripiṭaka	Four Noble Truths Eightfold Path Karma Rebirth Dharma Enlightenment	North-East India	Temple (Stupa) Daily	Canon Four Great Noble Eightfold Path Dharma Nirvana Buddhism Dharma Karma Moksha
Sikhism ⚔	Sikhs About 25 million Followers	Guru Nanak	Guru Granth Sahib	The Five Virtues Faith Compassion Honesty & Love	North West India	Gurdwara Daily	Ardas Mandir Gurbani Gurbani Gurbani Gurbani Gurbani Gurbani

The theologian Ninian Smart believed that a religion is made up of 6 different dimensions.



Mon autoportrait	My self-portrait	Mon autoportrait	My self-portrait	les chiffres	numbers	Les chiffres	numbers
les animaux	animals	les pizzas	pizzas	un	1	vingt	20
les araignées	spiders	la poésie	poetry	deux	2	vingt-et-un	21
la capoeira	Brazilian Dance	le racisme	racism	trois	3	vingt-deux	22
les chats	cats	le rap	rap	quatre	4	vingt-trois	23
les chiens	dogs	le reggae	reggae	cinq	5	vingt-quatre	24
le cinéma	cinema	les reptiles	reptiles	six	6	vingt-cinq	25
les consoles de jeux	games consoles	le roller	roller-skating	sept	7	vingt-six	26
la danse	dancing	le rugby	rugby	huit	8	vingt-sept	27
le foot	football	le skate	skateboarding	neuf	9	vingt-huit	28
les gâteaux	cakes	les spaghettis	spaghetti	dix	10	vingt-neuf	29
le hard rock	hard rock	le sport	sport	onze	11	trent	30
l'injustice	injustice	la tecktonik	tecktonik (dance)	douze	12	trente-et-un	31
les insectes	insects	la télé	TV	treize	13		
les jeux-video	video games	le tennis	tennis	quatorze	14		
les livres	books	le théâtre	theatre	quinze	15		
la musique	music	les voyages	journeys	seize	16		
les mangas	mangas	la violence	violence	dix-sept	17		
les maths	maths			dix-huit	18		

**I NEED TO KNOW:**

Talking about likes/dislikes; Talking about your survival kit; describing yourself; talking about other people; describing a musician

Les opinions	Opinions
j'aime	I like
je n'aime pas	I don't like
Tu aimes...?	Do you like...?
il/elle aime	He/she likes
Oui, j'aime ça	Yes, I like that
Non, je n'aime pas ça	No, I don't like that
Tu es d'accord?	Do you agree?
Je suis d'accord	I agree
Je ne suis pas d'accord	I don't agree
C'est...	It's...
génial	great
cool	cool
bien	good
ennuyeux	boring
nul	rubbish
essentiel	essential
important	important
Ce n'est pas bien	It's not good

Moi et les autres	Me and other people
Je suis	I am
je ne suis pas	I am not
tu es	you are
il/elle s'appelle	he/she is called
il/elle est	he/she is
beau/belle	good-looking
branché(e)	trendy
charmant(e)	charming
cool	cool
curieux/curieuse	curious
de taille moyenne	average height
drôle	funny
généreux/généreuse	generous
gentil(le)	kind
grand(e)	tall
impatient(e)	impatient
intelligent€	intelligent
petit(e)	small
poli(e)	polite

les Salutations	Meeting and greeting
Bonjour	Hello
Bonsoir	Good evening
Salut	Hi/Bye
Au revoir	Good bye
À plus	See you later
Ça va?	How are you?
Ça va très bien	I am very well
Ça va bien	I am fine
Comme ci comme ça	So,so
Ça ne va pas	I'm not great
merci	thank you
désolé	sorry
Comment t'appelles-tu?	What is your name?
je m'appelle	I am called...
Quel âge as-tu?	How old are you?
J'ai...ans	I am ... years old
C'est quand ton anniversaire?	When is your birthday
Mon anniversaire c'est le...	My birthday is...

Les mois de l'année	The months of the year
janvier	January
février	February
mars	March
avril	April
mai	May
juin	June
juillet	July
août	August
septembre	September
octobre	October
novembre	November
décembre	December

**Stratégie**  
When learning new French words, look for cognates: words that are similar in French and English. Also try to learn new nouns with their masculine or feminine article e.g une gomme not just gomme. That way you will find it easier to remember later on

**I NEED TO KNOW:**

Getting used to Spanish pronunciation; talking about your personality; talking about brothers & sisters; saying when your birthday is; talking about pets

SALUDOS	GREETINGS
¡Hola!	Hello!
¿Qué tal?	How are you?
Bien, gracias.	Fine, thanks.
Fenomenal	Great
Regular	Not bad
Fatal	awful
¿Cómo te llamas?	What are you called?
Me llamo...	I am called...
¿Dónde vives?	Where do you live?
Vivo en...	I live in...
¡Hasta luego!	See you later!
¡Adiós!	Goodbye

¿QUÉ TIPO DE PERSONA ERES?	WHAT SORT OF PERSON ARE YOU?
Soy...	I am...
Divertido/a	Amusing
Estupendo/a	Brilliant
Fenomenal	Fantastic
Generoso/a	Generous
Genial	Great
Guay	Cool
Listo/a	Clever
Serio/a	Serious
Simpático/a	Nice, kind
Sincero/a	Sincere
Tímido/a	Shy
Tonto/a	Silly
Tranquilo/a	Quiet, calm

**I NEED TO KNOW:**

Getting used to Spanish pronunciation; talking about your personality; talking about brothers & sisters; saying when your birthday is; talking about pets

MI PASIÓN	MY PASSION
Mi pasión es...	My passion is...
Mi héroe es...	My hero is...
el deporte	sport
el fútbol	football
la música	music
el tenis	tennis

¿TIENES HERMANOS?	DO YOU HAVE BROTHERS OR SISTERS?
Tengo...	I have...
una hermana	a sister
un hermano	a brother
una hermanastra	a half-sister/step-sister
un hermanastro	a half-brother/step-brother
No tengo hermanos	I don't have any brothers or sisters.

LOS NÚMEROS 1-16	NUMBERS 1-16
uno	1 (one)
dos	2 (two)
tres	3 (three)
cuatro	4 (four)
cinco	5 (five)
seis	6 (six)
siete	7 (seven)
ocho	8 (eight)
nueve	9 (nine)
diez	10 (ten)
once	11 (eleven)
doce	12 (twelve)
trece	13 (thirteen)
catorce	14 (fourteen)
quince	15 (fifteen)
dieciséis	16 (sixteen)

LOS NÚMEROS 17-32	NUMBERS 17-32
diecisiete	17 (seventeen)
dieciocho	18 (eighteen)
diecinueve	19 (nineteen)
veinte	20 (twenty)
veintiuno	21 (twenty-one)
veintidós	22 (twenty-two)
veintitrés	23 (twenty-three)
veinticuatro	24 (twenty-four)
veinticinco	25 (twenty-five)
veintiséis	26 (twenty-six)
veintisiete	27 (twenty-seven)
veintiocho	28 (twenty-eight)
veintinueve	29 (twenty-nine)
treinta	30 (thirty)
treinta y uno	31 (thirty-one)
treinta y dos	32 (thirty-two)